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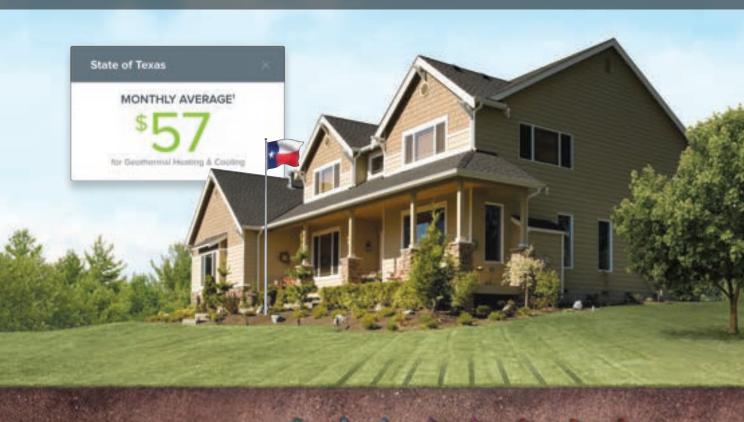
FOR TRINITY VALLEY EC MEMBERS

Run of the Mill

A focus on ancient grains makes James Brown no ordinary miller

> TRINITY **VALLEY EC NEWS**

SEE PAGE 16



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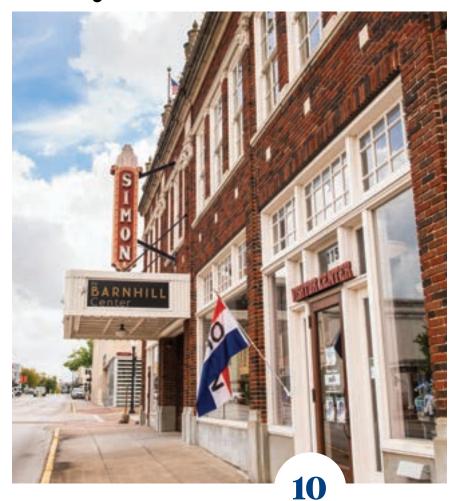
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1, 14.5¢ kWh - 2024 Indiana's Annual Electricity Rate Average a.gov/opendata/qb.php?category=1012 | Actual data powered by Symphony

2. ENERGY STAR rated unites qualify for 30% through 2032, 26% through 2033 and 22% through 2034

Texas Coop Power

July 2025



06 Living the Good Loaf

The Renaissance man who pulled strings and gave new life to old grains.

By Claire Stevens Photos by Wyatt McSpadden A Century of the Simon

When the railroad ended in Brenham, it brought the world to its stage—which endures today.

By Addie Broyles

Currents
The latest buzz

TCP Talk
Readers respond

Co-op News
Information
plus energy
and safety
tips from your
cooperative

Footnotes in Texas History
The Fast Track
By Clay Coppedge

TCP Kitchen
Make It Spicy
By Vianney
Rodriguez

Hit the Road Lodged in Time By Chet Garner

Focus on Texas
Photo Contest:
Catch of the Day

Observations
Liberty Belle
By Carol Gene
Graves

ON THE COVER
James Brown, owner of Barton Springs Mill
in Dripping Springs.
Photo by Wyatt McSpadden
ABOVE
The Simon Theatre in downtown Brenham

The Simon Theatre in downtown Brenham. Natalie Lacy Lange | Courtesy the Barnhill Center at Historic Simon Theatre



Anchored in History

THE OLDEST AMERICAN port west of New Orleans celebrates its bicentennial this year.

The Congress of Mexico established the Port of Galveston on October 17, 1825. It was home to the Texas Navy during the Republic of Texas' war for independence. Before Ellis Island in New York opened in 1892, it was one of the main gateways into the country for immigrants. At the end of the 19th century, it was the world's foremost cotton port.

But after the hurricane of 1900 destroyed Galveston, Houston emerged as the safer long-term shipping option on the Gulf. Today, Galveston is the fourth-busiest cruise port in the U.S.

Two events in Galveston will celebrate the port's 200th anniversary: a party on the pier October 17 and bicentennial gala October 18.

Special Delivery

For most of America's history, that meant a delivery via the post office using a process that originated 250 years ago this month.

The postal system was established July 26, 1775. Benjamin Franklin was the first postmaster general.

Did you know? The first U.S. stamps, featuring images of Franklin and George Washington, were issued July 1, 1847.





FINISH THIS SENTENCE

My favorite Fourth of July was ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our May prompt: I blush whenever ...

I think of some of the things I did in school!

STEVE BAILEY PENTEX ENERGY GAINESVILLE

My wife catches me staring at how beautiful she still is after more than 40 years of marriage.

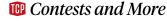
ROGER ELSEY PEDERNALES EC WIMBERLEY

My phone goes off in a public place.
COLLEEN PROVASEK
SAM HOUSTON EC
LIVINGSTON

I tell the story about accidentally walking into the men's restroom at a restaurant in Houston.

CAROL HILTON BANDERA EC PIPE CREEK

Visit our website to see more responses.



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Abstract

RECOMMENDED READING

In December 2016 we told of Galveston's history as the "Ellis Island of Texas." Read the story at TexasCoopPower.com.



MAY 2025 Bavaria, By Way of Texas

"I met Ronny Tippelt in 1984. In '85 and '86 he played my backyard. He was and still is the best yodeler in Texas."

DENNIS PEAK PEDERNALES EC LAMPASAS

Destination: Walburg

We often visit Walburg for German food, drinks and, of course, the oompah music [Bavaria, By Way of Texas; May 2025]. From now on I imagine our trips must include reservations made well in advance as many of our fellow Texans will be venturing there to enjoy a bit of Germany come to Texas.

Martha Everman Jones Victoria EC Victoria

Hail Chaser

My father, Bob Rinker, was a hail chaser for the Colorado State University meteorology department in "hail alley" in the early 1960s [Twisted Approach, May 2025]. Hail alley starts at the eastern front of the Rockies in Colorado and Wyoming and covers all territory east to the Great Lakes.

One time he chased a hailstorm from the Colorado-Nebraska border

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all the way to Sioux Falls, South Dakota.

Susan Frensley Wise EC Richardson

Beeline for Sea Center

I recently retired and didn't even know that Sea Center Texas existed, so my wife and I made a beeline for Lake Jackson [Fish School, April 2025]. What a great visit that was at the hatchery with the guide who had done it for many, many years.

Chris Gloger Pedernales EC Canyon Lake

Pilot Connection

In 1980 I worked in Yugoslavia for six weeks with Dennis Dalrymple, the son of Millie Dalrymple [*The WASPs Who Flew Out of Sweetwater*, April 2025]. We traveled to the mountain town of Danilovgrad, where America-friendly locals had sheltered his father after bailing out of his damaged bomber.

A couple of great pilot stories in that family.

Russell Honerkamp Bluebonnet EC Brenham

TCP WRITE TO US

letters@TexasCoopPower.com

Editor, Texas Co-op Power 1122 Colorado St., 24th Floor Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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Texas Electric Cooperatives





Living the GOOD LOAF

BY CLAIRE STEVENS • PHOTOS BY WYATT MCSPADDEN

The Renaissance man who pulled strings and gave new life to old grains

ames Brown has a fascination with history.

For 23 years, the Texas native played the viola da gamba, a bowed instrument that resembles a cello but fell out of favor nearly 300 years ago.

"The whole thing was to put the listener in a time and a place," Brown says. "When you're hearing this music, if you closed your eyes, it'd be the same as being in Germany in 1735 hearing Bach conducting the chapel choir and orchestra on the same instruments."

Brown specialized in music of that era, performed and conducted around the country, and was director of worship and arts for a church. But in 2016, he was looking into a second career.

Brown had been baking bread and pizza as a hobby (though he does have a culinary degree picked up among various music degrees). In pursuit of a better loaf, he happened upon a blogger in New Mexico who was touting the wonders of baking with locally grown grains from a co-op in Albuquerque.

To his surprise, he couldn't find a similar operation in Texas. So Brown, who was living in Austin at the time, looked into establishing a small-scale mill that could process grains from local farmers. And, just as in his music career, he turned to the wisdom of the past, bringing those around him on a journey through time—this time by way of wheat.

Armed with historical documents detailing the grain varieties grown in Texas in the early 20th century and some hazy information about mills powered by Austin's Barton Springs in the 19th century, Brown set out "to take people to a time and place" that no longer exists.

"What was growing in Texas? What were people eating? What was being milled in your hometown?" he wondered.

Brown got to work in 2017, and eight years in, Barton Springs Mill in Dripping Springs, about 20 miles west of Austin, provides freshly milled grains to a growing audience of restaurants, distilleries, bakeries and home bakers. It's showing folks why they should care whether their flour is local and organic or an ancient, heritage or landrace variety.



CLOCKWISE FROM ABOVE
Wheat sheaves from
several heirloom varieties.
James Brown in front of
one of his three mills,
each fitted with a pair of
2,500-pound stones.
Freshly milled grains are
available for purchase
on-site and online.



6 TEXAS CO-OP POWER JULY 2025



The grains are selected with a focus on ancient varieties—those largely unchanged over time and still closely resembling how they looked and tasted before human intervention—and landrace and heritage grains—those developed in the 19th and 20th centuries, before more intensive hybridizing. Landrace grains are specifically adapted over time to the local climate where they are developed.

In addition to churning out flour, BSM offers tours of its 17,000-square-foot facility, which houses all the equipment to store, clean, mill and ship grains.

In a classroom opposite the mills, staff and guest instructors teach visitors to make breads, pastas and other baked goods. Through large windows in the classroom, visitors can watch the three stone mills.

The 7-foot-tall pine structures are fitted with a pair of 2,500-pound, flat composite stones. A pattern etched into the stones crushes the grain. The miller can control the result by adjusting the stones' closeness, the speed at which grain is added and the speed at which the upper stone rotates. Power would have been provided by the water of a nearby creek a century ago, but today the mills get their energy from Pedernales Electric Cooperative.

The rumbling stone mills look like relics of the past. In some ways, they are. These days, most commercial milling is done with roller mills, which can produce flour much quicker.

Brown's goal is to show that flour can have its own incredible flavor and aroma. He wants the loaves of bread to transport them back in time, much like his music. Stone-milling preserves the germ and the bran, flavorful parts of the wheat kernel that are typically removed when milling white flour (though included in whole wheat).

"You pick up the aroma and the flavor and the characters of these wheats, and they become an equal player in anything that you make," he says. "It becomes an ingredient that contributes those things, rather than just being neutral."

TAM 105, a variety of hard, red wheat developed by Texas A&M University in 1976 and one of the mill's more modern grains, smells to Brown like a wet dog while it's being milled. Fortunately, that doesn't translate when the finished flour is used for baking, and Brown recommends it for breads, pastas and pizza dough.

RIGHT Brown shows unmilled Sonora soft white wheat kernels.

opposite Barton Springs Mill's warehouse. To keep the grain fresh in the Texas heat, oxygen is removed from each bag of wheat. Last year, the mill processed 650 tons of grain.

On the other hand, rouge de Bordeaux, a 19th-century wheat, naturally smells and tastes of cinnamon, baking spices and molasses. "People will swear that's in the bread," Brown says. "No, that's just the wheat—wheat, yeast, water and salt."

Brown has gone to great lengths to track down seeds for wheat varieties he desires. He found farmers still growing marquis, which was popular in the U.S. in the beginning of the 20th century, in the Canadian province of Saskatchewan. Other seeds he could get only from the Department of Agriculture's National Plant Germplasm System, a bank of plant material that conserves plant genetics.

When BSM was just an idea, Brown convinced 10 organic farmers across the state to meet with him. Over coffee or a meal, he presented his pitch: He'd provide the seeds and buy the wheat they produced. To his surprise, all 10 were





interested, which meant he had to turn some down due to a lack of capacity.

Henry Martens has been growing wheat for Brown, in rotation with peanuts and cotton, at his farm in Tokio, about 40 miles southwest of Lubbock, since 2017.

A fifth-generation farmer, Martens always knew he wanted to farm. In 2015, when a piece of land became available that hadn't yet been treated with chemicals, he couldn't pass it up. He began organic peanut farming, which he rotated with cotton.

Today, Martens farms roughly 2,000 acres but likens his experience farming organic to tending a garden. The work is especially labor intensive—keeping up with weeds and caring for crops without the use of chemicals—but he says organic farming is worth it for him.

"It takes dedication and love," he says.

When he met Brown, Martens had been looking to add another crop to his rotation. Crop rotation is particularly important for organic farmers, who rely on it to manage pests and diseases and keep soil healthy. Peanuts reintroduce nitrogen, a key nutrient, into the soil. Plant only cotton too many years in a row, and pests become a problem.

Starring Rolls

A Michelin star is considered by many to be the highest award a restaurant can receive. The Michelin Guide has been bestowing stars since 1926, but it took until 2024 for the guide's secret reviewers to finally make it to Texas.

In November, 15 Texas restaurants were awarded Michelin stars, including awards for barbecue, sushi, and Mexican and Southern fares. Among the stars, five of the awarded restaurants use grain from Barton Springs Mill.

Wheat is a good rotation crop for Martens because it can be planted in winter, when weeds are less of a concern, and the tall grass provides cover to the ground, protecting it from high winds. As another plus, Brown pays his farmers significantly more for their crops than the market rate.

An additional benefit for Martens is getting to try the flour from his wheat.

"When you see it, it's not what you're used to seeing—the flour, where it's so fine and perfect and white," Martens says. "But I guess that's never mattered to me and my wife. We care about it being organic and it being directly from the farm that we know, and it tastes amazing."

The best way to test a grain's flavor, Brown says, is to make a pancake with it. They're simple, quick and allow the flavor of the grain to come through.

And since "nobody wants to eat a spoonful of flour," Brown sends visitors next door to Abby Jane Bakeshop, which sells a variety of baked goods that use only BSM grains.

Brown is proud to help farmers, supporting what he calls the local grain economy. He works with four to five farmers each year (groups rotate in and out with their crops). Most are in Texas, but he has also worked with farmers in Oklahoma, Colorado and Arizona.

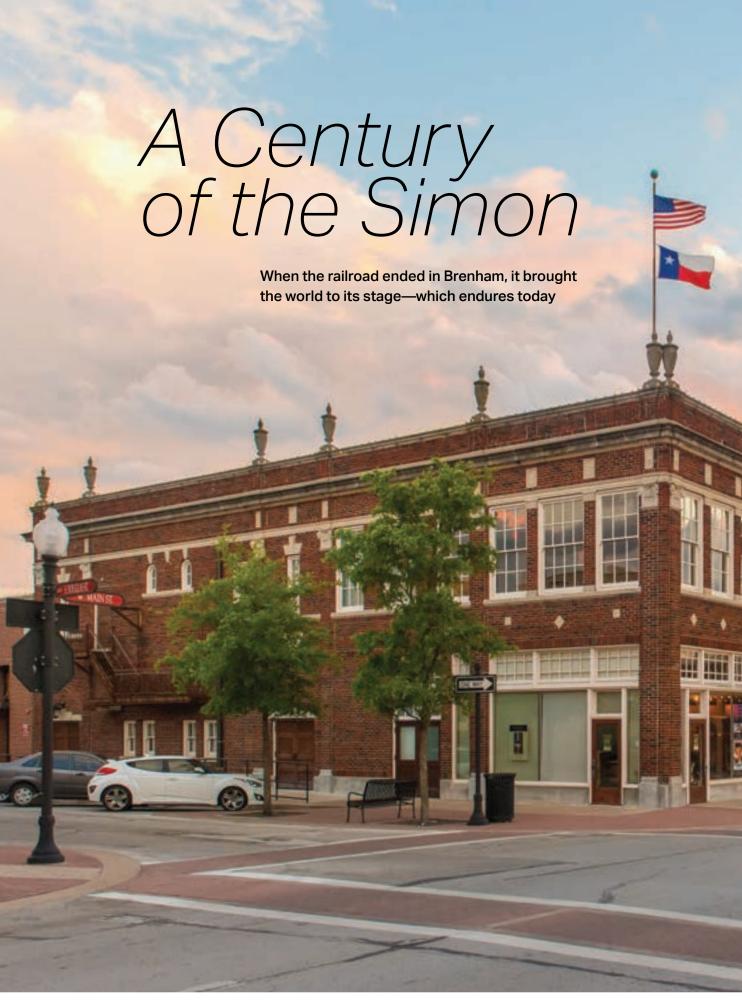
Brown says he gets a call from a farmer wanting to grow for him about once a week, but he's at capacity. Last year, the mill processed 650 tons of grain. This year, it may take in a record 800 tons.

"I got into all this because I wanted a better loaf of bread," Brown says. "That's really the long and short of it.

"But along the way, I became more intimately acquainted with what's going on with American farms and with American farmers and became quite passionate about how we treat farmers, regard farmers and our farmland."

Watch the video on our website to tour Barton Springs Mill.







BY ADDIE BROYLES



The man whose name is on Brenham's famed Simon Theatre never saw it completed, but the renovated theater still reflects his vision a century later.

The historic venue on Main Street in Brenham, midway between Austin and Houston, turns 100 this year. It's thriving today because of a multimillion-dollar restoration that saved it from the brink of crumbling, and its story tells the story of Brenham, a town that has found a way to mine its past to preserve its future.



In the 1920s, the theater, originally with more than 700 seats and a balcony and separate entry for Black theatergoers, emerged from the imagination of James H. Simon, son of a Polish immigrant, who grew up in Brenham in the entertainment industry and died three months before the first performers took the stage.

Simon was a boy when his family moved to Brenham, arriving with some of the first Jewish settlers in the region and staying because that's where the railroad ended, according to Sharon Brass, a local researcher who created the *A Century of Simon* exhibit, on display at the historic theater earlier this year.

The Simon family arrived in the mid-1860s, and James' father, Alex Simon, opened a mercantile store. He eventually bought the Grand Opera House in town and turned it into a family-friendly venue for musical performances, receptions, recitals, political meetings and vaudeville, which was quickly becoming the most popular form of entertainment at the time.

The Simon Theatre stands as an anchor in downtown Brenham, though in the late 20th century, it came close to being demolished to make way for a parking lot.



As the terminus of the Washington County Rail Road, constructed in 1860, the county seat's population doubled every decade until 1900—and with it grew Brenham's reputation as an entertainment hub, along with the opera house.

When Alex Simon died in 1906, his sons took over. They opened the stage for an even wider variety of local performers, including Black singers from the nearby Brenham Normal and Industrial College, a postsecondary school for African Americans, according to Tina Henderson, who grew up in Brenham. She's president of the Texas Ten Historical Explorers, a research organization focused on the freedmen's communities around Washington County.

James H. Simon sold the opera house in 1918 and started making plans to build his own theater. He teamed up with Houston architect Alfred C. Finn to make plans for a majestic performance space with an upstairs section for Black theatergoers so they could watch the shows too.

"They built the theater with [integration] in mind," Henderson says. Although Simon didn't live to see the completion of his theater, he was ahead of his time in terms of wanting to make art available to more people, Henderson says.

"Segregation was very harsh, but there were some people

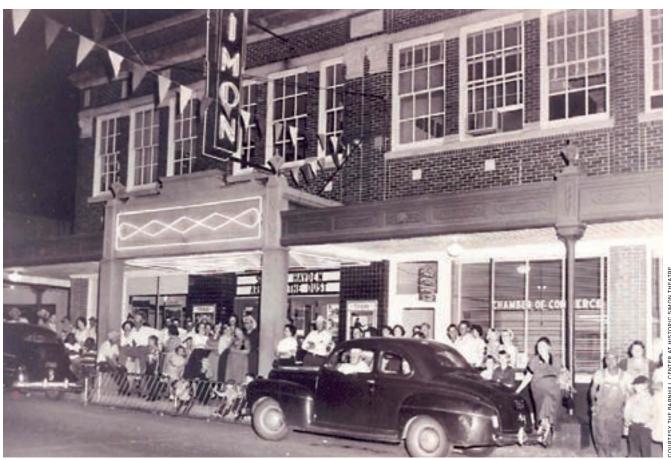
who understood it was unkind," she says. "They had to abide by the laws, but I think they were trying to accommodate and do what they could" to make the performances accessible to all.

Variety acts had been around for a long time, but it wasn't until the late 1800s that "vaudeville," a word borrowed from French, became a household term to describe a kind of show performed by artists, comedians, magicians—anyone who had something amazing, interesting or entertaining to show off.

At the height of vaudeville, as many as 50,000 performers traveled in troupes to perform in thousands of American cities, including Brenham. This lasted from the end of the Civil War into the 1930s, when in-person variety shows gave way to those broadcast on radios and, later, television.

The earliest vaudeville shows took place in saloons and beer halls, but their popularity soared, thanks in part to the growing popularity of circuses during this time. Venues like the Grand Opera House in Brenham opened in places served by the railroad to make it easy for the performers to get there and for visitors to come to the shows, according to Brass.

Many of the vaudeville performers who came through







CLOCKWISE FROM OPPOSITE The 1954 Western film Arrow in the Dust drew a crowd to the Simon. The theater's stage and auditorium during its extensive reconstruction. The Malpass Brothers brought their traditional country and bluegrass music to the Simon in September 2024.

Brenham would have been well-known to people who lived there, thanks to telegraphs and the newspapers that came in on the railroads daily from the East Coast.

Vaudeville shows were on the decline in the 1920s due to the rising popularity of silent films, but they were a crucial part of the early days of the Simon Theatre because the shows brought in big names, like Adelaide Prince, who was born in London but grew up near Brenham.

After Simon's death in 1925, the theater was sold to the Stuckert family, who ran it for almost 50 years before selling it. The venue continued to host movies and events into the 1980s, when competition from drive-in theaters, shopping malls and home video ultimately caused the theater to shutter. After a showing of *Night of the Living Dead* on October 31, 1985, the theater went dark.

Jennifer H. Eckermann, former tourism and marketing director for the city, is a Brenham native who remembers when all those historic buildings were an afterthought.

"The Simon wasn't in great shape," she recalls. "There was a lot of talk about it being demolished to build a parking lot. For so many downtowns, that was the answer."

In 1999, after a career at Blue Bell Creameries, Eckermann started working with the nonprofit Main Street Brenham.

From Downtown to Camptown

The Texas Ten Historical Explorers tells the stories of the freedmen's communities that formed after the Civil War, when as much as half of Washington County was Black. Many of those families lived in freedmen's communities spread throughout the region, and one of the oldest, called Camptown, has a seven-part immersive audio tour, available online. It starts at Brenham's Jerry Wilson Park and explores the story of a consequential fire in 1866 and the evolution of the neighborhood as a center for Black life.

By that time, the Simon Theatre had become a Chinese restaurant and then sat vacant, waiting for demolition or the kind of restoration that takes a miracle to pull off.

She joined a handful of people who had a vision for what the brick building could be. Thanks to that community spirit that led James H. Simon to build the theater so many years ago, local boosters raised more than \$1 million for the restoration project. The Simon Theatre reopened in 2004 with 321 seats.

The group eventually raised another \$1 million to renovate the ballroom and retail space that was part of the original design. The facility now operates as the Barnhill Center at Historic Simon Theatre, with shows throughout the year from performers such as Grammy Award-winners Ricky Skaggs and Marty Stuart to tribute bands celebrating the Carpenters, the Eagles and the Andrews Sisters.

Eckermann says the project sparked a downtown revival that continues to this day and that the success story of the renovation reflects changing attitudes toward preservation.

"People are always coming and going," she says. "You might own this building now, but one day, you won't." The current keepers of the keys—and the stories—are trying to tell new stories while also keeping the old ones alive.

The Simon Theatre could last another century, but Eckermann says that depends on always finding new ways to bring in people. They've had success in recent years with themed movie nights and school performances.

"You have to be thinking about the next generation and what would be appealing about this theater to them," she says. "What can it continue to offer to the community?"

For its 100th year, the Simon Theatre team kicked off the celebration with performances that included juggling, dancing and comedy. "It was fun to have something for everybody," Eckermann says. "It's still vaudeville."













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Forbes

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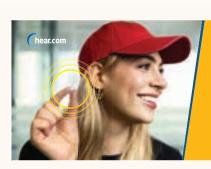
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-Dr. Emily Russell, Lead Audiologist

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MESSAGE FROM GENERAL MANAGER/ CEO

JEFF LANE

How Extreme Summer Heat Impacts Reliability

WHEN TEMPERATURES in Texas soar, electricity use increases. That's because our air conditioners run longer and more often to counteract the sweltering heat outside. Factor in the fact that we all tend to use electricity at the same times—in the morning and early evening—and that adds up to a lot of strain on our electric grid.

At Trinity Valley Electric Cooperative, we work closely with our wholesale power supplier on resource and infrastructure planning to ensure you have the power you need whenever you flip a switch, but the electric grid is much larger than you may think.

In the summer, when more electricity is being used simultaneously across the state, electricity demand can come close to exceeding supply, especially if a prolonged heat wave occurs.

cially if a prolonged heat wave occurs.

degrees cooler. F

If this happens, which is rare, the grid operator for our region may call on consumers to actively reduce their energy use. If that's not enough to relieve demand, then the grid operator may call for rolling power outages as an option of last resort.

TVEC will do everything we can to keep you informed about situations like this.

We work proactively with our power supplier to create a resilient portion of the grid to ensure electric reliability in extreme weather. Regular system maintenance, grid modernization efforts and disaster response planning are all steps we take, but it takes everyone to keep the grid reliable.

To help keep the AC running smoothly for you, your family and neighbors, here are a few things you

can do to relieve pressure on the grid during extreme summer heat.

Select the highest comfortable thermostat setting, and turn it up several degrees whenever possible. Your cooling system must run longer to make up the difference between the thermostat and the outdoor temperature.

Seal air leaks around windows and exterior doors with caulk and weatherstripping. Air leaks and drafts force your cooling system to work harder than necessary.

Run major appliances such as dishwashers, ovens and dryers during off-peak hours when the demand for electricity is lower. For example, start the dishwasher before you go to bed.

Use ceiling fans to make yourself feel a few degrees cooler. Remember, ceiling fans cool peo-

ple, not rooms, so turn them off in unoccupied spaces. During summer months, set ceiling fan blades to rotate counterclockwise, which pushes cool air down for a windchill effect.

Close blinds, curtains and shades during the hottest part of the day to block unwanted heat gain from sunlight. Consider blackout curtains with thermal backing or reflective lining to block heat and light.

Use smaller appliances, such as slow cookers, air fryers and toaster ovens to

cook meals. Studies have shown that air fryers use about half the electricity of a full-sized oven. They're smaller and use focused heat, which results in faster cooking times, less wasted heat and lower energy use.

As we face challenges posed by soaring summer temperatures, understanding the impact on energy demand is crucial for maintaining a reliable power supply.

By adopting energy conservation practices during periods of extreme heat, not only can you save money on your electric bills, but you also can contribute to the resilience of the grid, keeping our local community cool and connected.



Trinity Valley Electric Cooperative

A Touchstone Energy Cooperative

CONTACT US

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ABOUT TRINITY VALLEY EC

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vec net



TEXAS DIVISION OF EMERGENCY MANAGEMENT

Hurricane Preparedness Guidelines

Hurricane season is June 1-November 30

If you're under a hurricane warning, find safe shelter right away.

When a hurricane is 36 hours from arriving:

- Turn on your TV or radio in order to get the latest weather updates and emergency instructions.
- Restock your emergency preparedness kit. Include food and water sufficient for at least three days, medications, a flashlight, batteries, cash, and first-aid supplies. Learn how to build an emergency kit at ready.gov/build-a-kit.

When a hurricane is 18-36 hours from arriving:

- Bookmark your city or county website for quick access to storm updates and emergency instructions.
- Bring indoors any loose, lightweight objects that could become projectiles in high winds (e.g., patio furniture and garbage cans); anchor objects that are unsafe to bring in (e.g., propane tanks); and trim or remove trees close enough to fall on a building.

When a hurricane is six to 18 hours from arriving:

- Turn on your TV or radio or check your city or county website every 30 minutes for the latest weather updates and emergency instructions.
- Charge your cellphone so you will have a full battery in case you lose power.

When a hurricane is six hours from arriving:

- If you're not in an area that is recommended for evacuation, plan to stay at home or where you are, and let friends and family know where you are.
- Close storm shutters and stay away from windows. Flying glass from broken windows could injure you.
- Turn your refrigerator or freezer to the coldest setting and open only when necessary. If you lose power, food will last longer. Keep a thermometer in the refrigerator to be able to check the food temperature when power is restored.

To stay safe during a hurricane:

- If told to evacuate, do so immediately. Do not drive around barricades
- If sheltering during high winds, go to a Federal Emergency Management Agency safe room; International Code Council 500 storm shelter; or a small, interior, windowless room or hallway on the lowest floor that is not subject to flooding.
- If trapped in a building by flooding, go to the highest level of the building. Do not climb into a closed attic; you may become trapped by rising floodwaters.

To stay safe after a hurricane:

- Listen to authorities for information and special instructions.
- Do not touch electrical equipment if it is wet or if you are standing in water. If it is safe to do so, turn off electricity at the main breaker or fuse box to prevent electric shock.
- Avoid wading in floodwaters, which can contain dangerous debris. Underground or downed power lines can also electrically charge the water.

DIVISIÓN DE ADMINISTRACIÓN DE EMERGENCIAS DE TEXAS

Preparación para huracanes

La temporada de huracanes es del 1 de junio al 30 de noviembre

Cuando un huracán está a 36 horas de llegar:

- Prenda su televisor o radio para obtener las últimas actualizaciones meteorológicas e instrucciones de emergencia.
- Reponga su kit de emergencias. Incluya alimentos y agua suficientes para al menos tres días, medicamentos, una linterna, pilas, dinero en efectivo y suministros de primeros auxilios. Aprenda como construir un kit de emergencia en ready.gov/build-a-kit.

Cuando un huracán está a 18-36 horas de llegar:

- Marque como favorito el sitio web de su ciudad o condado para el acceso rápido de las actualizaciones de tormentas e instrucciones de emergencia.
- Traiga adentro objetos sueltos y ligeros que puedan convertirse en proyectiles con vientos fuertes (por ejemplo, muebles de patio y botes de basura); sujete objetos que no serían seguros para llevar adentro (por ejemplo, tanques de propano); y recorte o retire los árboles que están lo suficientemente cerca como para caer en un edificio.

Cuando un huracán está a 6-18 horas de llegar:

- Encienda su televisor o radio, o visite el sitio web de su ciudad o condado cada 30 minutos para obtener las últimas actualizaciones meteorológicas e instrucciones de emergencia.
- Cargue su teléfono celular para que tenga una batería llena en caso de que pierda energía.

Cuando un huracán está a seis horas de llegar:

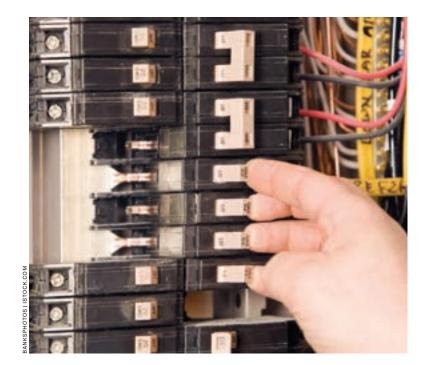
- Si no se encuentra en un área recomendada para la evacuación, planifique quedarse en su casa o donde se encuentra y avise a sus amigos y familiares donde se encuentra
- Cierre las contraventanas y aléjese de las ventanas. Los vidrios que vuelan de las ventanas rotas podrían dañarle.
- Ajuste la temperatura de su refrigerador o congelador a la posición más fría y ábralos solo cuando sea necesario. Si pierde la energía, la comida durará por más tiempo. Mantenga un termómetro en el refrigerador para poder verificar la temperatura de los alimentos cuando se restablezca la energía.

Para mantenerse a salvo durante un huracán:

- Si se le indica que evacue, hágalo inmediatamente. No maneje alrededor de las barricadas.
- Si se refugia durante vientos fuertes, vaya a una habitación segura de la Federal Emergency Management Agency, refugio contra tormentas del International Code Council 500 o una habitación o pasillo pequeña e interior sin ventanas en el piso más bajo que no esté sujeto a inundaciones.
- Si queda atrapado en un edificio por inundación, vaya al nivel más alto del edificio. No suba a un ático cerrado porque usted puede quedar atrapado por las crecientes inundaciones.

Para mantenerse a salvo después de un huracán:

- Escuche a las autoridades para obtener información e instrucciones especiales.
- No toque el equipo eléctrico si está mojado o si está parado en el agua. Si es seguro hacerlo, apague la electricidad en el interruptor principal o en la caja de fusibles para evitar una descarga eléctrica.
- Evite vadear en el agua de la inundación, que puede contener desechos peligrosos. Las líneas eléctricas subterráneas o caídas también pueden cargar el agua eléctricamente.



Breaker Box Safety Basics

WE USE ELECTRICITY in our homes throughout the day, but we rarely think about how it gets to wall outlets or switches. Distribution lines bring electricity to homes and most commonly connect to a house through a service drop. The electricity travels through the meter box to the service panel. The service panel, often called a breaker box, is where breakers and fuses protect the wires inside your house from electrical overload.

With so much electricity funneling out of the breaker box into your home, it's important to know how to safely use a breaker box.

Arc-fault circuit interrupters are installed directly in breaker boxes and are designed to protect against fires caused by arcing faults in home electrical wiring. Arcing faults can be triggered by overloaded circuits, damaged wires, cracked wire insulation, loose or improper connections, faulty electrical equipment, and overheated electrical wires.

An AFCI monitors current flow and can distinguish between normal, working arcs and unwanted, dangerous arcs. When an unwanted arcing condition is detected, it shuts down the circuit. It's important to note that AFCIs don't provide protection against all of the possible circuit faults that can cause fires, but they are a significant step forward in electrical fire safety. If your breaker box doesn't feature AFCIs, contact a qualified electrician to have them installed.

If an appliance is malfunctioning or there's another electrical issue, it may be necessary to cut off or switch on the power at the breaker box. If you must flip a switch at the breaker box, always remember to step away and look away as you do so. You want to protect your eyes and body just in case an arc should occur.

Never attempt to turn off power at the breaker box if you must stand in water to do so. Touching the breaker box while standing in water can cause an electric shock or death. If you can't reach your breaker box safely, call your electric cooperative to shut off power at the meter.

Be sure to call a qualified electrician if blowing fuses or tripping circuit breakers are a recurring problem. This means something is wrong with your electrical system, and it needs to be inspected.

Keep the Power on and Fires Out

JULY IS A MONTH for camping trips and celebrating our nation's independence. What do the two have in common? Fire. Unsafe campfire practices and fireworks can lead to wildfires, and those wildfires can cause power outages—or worse.

Along with endless other safety concerns, fires can damage electrical lines and equipment, causing major power problems. Even smoke and ash can cause a high-voltage transmission line to trip, leaving sections of the grid without power.

Summer dryness increases the chance of wildfires, but so do unsafe practices. During Fourth of July celebrations, check for burn bans on the Texas A&M Forest Service website. Use only legal fireworks and sparklers, and use them on concrete or pavement away from grass or brush. Never let children handle fireworks.

When making a campfire, keep a bucket of water nearby to control a spreading fire. Make a firepit surrounded by rocks, not wood, and clear away leaves and other flammable materials that quickly spread flame. Never leave a campsite with a burning fire. Drench the fire with water to ensure the damp ashes cannot relight.







TVEC ENERGY MANAGEMENT SUPERVISOR

CHRIS WALKER

Range of Thermostats Provide Options

DID YOU KNOW the programmable thermostat is more than 100 years old? Honeywell introduced the first one in 1906, naming it the Jewell. It was a simple, clock-powered product that allowed users to set times for the temperature to

adjust. While its engineering was crude by today's standards, it was truly a pioneering commodity.

Today's most basic programmable thermostat offers four programming periods: wake, leave, return and sleep. You set the time of day and target temperature for each period. Other programmable thermostats let you control the settings with your smartphone to further customize your energy-saving settings in real time.

The Department of Energy has established recommendations for programming that can save you as much as 10% and help ease stress on the grid. Simply turn your thermostat back 7–10 degrees from its normal setting for at least eight hours a day. You can do this on weekdays while the family is out of the house or at night while everyone is asleep. Try different settings to see what works best for your air conditioning system and family comfort.

Some programmable thermostats are preset with a maximum heating temperature of 68 degrees and a cooling minimum of 78 degrees for those times when you're home. You can override these settings, but they make for an easy setup.

No discussion of programmable thermostats is complete without talking about their "smart" relatives. Smart thermostats are Wi-Fi-enabled devices that automatically adjust temperature settings for optimal performance. You can set and forget them, and let the software build a program around the way you live. You also can control your smart thermostat remotely through a smartphone app.

Finally, there are important placement considerations for your thermostat, regardless of how smart it is. The DOE recommends placing a thermostat on an interior wall away from direct sunlight, drafts, doorways, skylights and windows so it gets an accurate reading of the ambient air temperature. Don't place furniture too close to it, to ensure natural air movement, and place it in a location easily accessible for monitoring and programming. 163112002

Experimentation will help you determine the best solution for your home, as each is unique due to variables in insulation, weather sealing, system efficiencies and operation. Still, a programmable thermostat will likely save you money.

Beware of Summertime Scams

TRINITY VALLEY ELECTRIC COOPERATIVE will never send anyone to your house to ask you if you need work done. And when someone does come for a legitimate reason, you'll see a uniform, a truck with the cooperative's logo and valid identification.

This summer, don't be surprised if you get phone calls, uninvited visitors looking for work and door hangers offering landscaping, roofing, painting and home-repair services.

Your best bet: Say no to all of them. If you need work done around your house, visit the website of the state agency responsible for licensing contractors or join a contractor referral network that recommends only contractors who are licensed, insured, bonded and experienced.

Here are a few other tips.

Be wary of contractors with out-of-state license plates or detachable, magnetic company signs on their trucks. These could be "travelers," who follow the warm weather from state to state and hire themselves out as home-improvement contractors. They're almost always unlicensed in your state, and if you discover a problem with their work later, they'll be long gone.

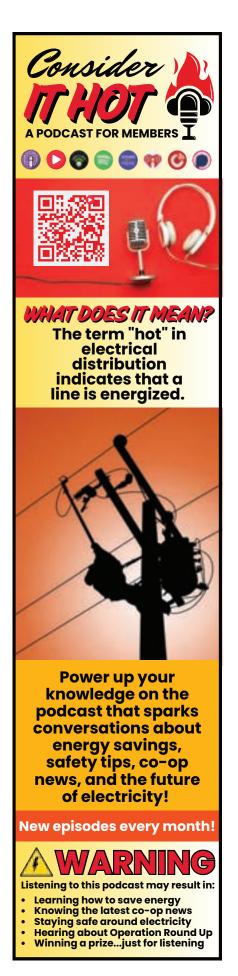
Do not pay in cash, and do not pay up front. Instead, work out a payment schedule that allows you to pay in increments as the work is completed.

Get bids from three reputable companies before you start. If you get one offer that's way lower than the other two, something is probably amiss.

Don't fall for these two lines: "I just finished a job at your neighbor's, and I'll give you a good price if you hire me today because I'm already in the neighborhood," or "I have leftover materials from a job I just did, and I'll sell/install them here for a deep discount because I don't need them."

Hiring contractors can be expensive. Don't waste your money on one who's not licensed and legitimate. lacktriangle







Pizza Milan #2

New Italian restaurant's lunch menu makes it a top choice.

WHILE THE QUALITY OF FOOD KEEPS HIM COMING BACK, a chance meeting with Pizza Milan's proprietor got a Trinity Valley Electric Cooperative lineman to try the restaurant the first time.

"We were working with him to get the service up and running, and in this building, it is installed in a way that we would have to turn off everyone else to make the connection," said Andy Lopez, journeyman lineman.

"Once I showed him the situation he was very understanding and really just great people there."

Situated near the new Tom Thumb supermarket, the area is rapidly adding retail and restaurant options, but Lopez has made Pizza Milan a regular stop.

"The pizza is really good and a good price for lunch," he said. "But my favorite is actu-

ally the wings."

Lunch specials for \$11.99 include an entree, large side salad and a drink. Along with a substantial pizza and pasta selection, there are a variety of sandwiches and salad.

Pizza Milan #2 is located at 415 S. F.M. 548, Suite 126 in Forney. Another location is located in North Forney. Find them online at pizza-milan.com. ■



Win \$100 Just for Reading

Somewhere hidden on pages 16–23 is a TVEC account number. Read closely. If the account number is yours, contact the member services department by July 31 to receive a \$100 credit on your electric bill. Don't miss out—you could be our winner.



What is the name of the path electricity travels, from source to load and back?

A. Conduit

B. Circuit

C. Alternating Current

Win \$100!

Send your answer and contact information to **contest@tvec.coop** or contact TVEC Member Services by July 31. One \$100 bill credit winner will be chosen from all correct replies. Look for the correct answer in a future **Texas Co-op Power**.

June Energy Quiz: Generation Fuel

SOLAR AND WIND GENERATION is certainly growing in Texas, but natural gas remains the most-used fuel source to make our electricity flow.

As of 2023, the electric power sector used about 45% of total natural gas consumption in the state, using it to generate slightly about 42% of all electric generation.

For comparison, wind power was used for about 28%, coal for 11% and nuclear energy for 7.5%.

Congratulations to our May Energy Quiz winner, John Mason, of Murchison.

Look for the winner of this month's contest in the September issue of *Texas Co-op Power*. ■



Grants

Athens Samaritans Labor of Love \$5,000 Casey's Place \$3,000 Friends of Kaufman Co. Library \$2,000 **Henderson Co. Black History Committee** \$2,000 Henderson Co. #369 Masonic Youth Rainbow Girls \$500 **Keep Athens Beautiful** \$3,000 KHS Theatre Boosters, Inc. \$1,500 **Myrtle Springs Alumni Association** \$2,000 The King's Storehouse Food Bank \$2,000

Bill Payment Assistance

The Center (Kaufman) \$5,000

Food Pantry Assistance

Community Care Food Pantry (Tool) \$5,000 The Center (Kaufman) \$5,000









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Morgan Silver Dollars Are Among the Most Iconic Coins in U.S. History

What makes them iconic? The Morgan Silver Dollar is the legendary coin that built the Wild West. It exemplifies the American spirit like few other coins, and was created using silver mined from the famous Comstock Lode in Nevada. In fact, when travelers approached the mountains around the boomtown of Virginia City, Nevada in the 1850s, they were startled to see the hills shining in the sunlight like a mirror. A mirage

caused by weary eyes? No, rather the effect came from tiny flecks of silver glinting in the sun.

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The Fast Track

The Father of Country Music yodeled his way into hearts, proclaiming a special love for Texas

BY CLAY COPPEDGE

IT'S HARD FOR people today to understand just how popular singer and songwriter Jimmie Rodgers was during the 1920s and '30s. Think Elvis in the '50s, the Beatles in the '60s or Taylor Swift today. Southerners joked that the typical Depression-era shopping list was a pound of butter, slab of bacon, sack of flour and the new Rodgers record.

Rodgers was born in Mississippi in 1897, but he declared in song that Texas was "a state I dearly love." He proved it by moving here in 1929.

He grew up the son of a railroad gang foreman but showed a fondness and knack for show business from an early age. Convinced he was well on his way to fame and fortune after winning a talent contest when he was 14, he ran away from home with a traveling medicine show before his father put him to work on the railroad.

In 1924, when he was 27 years old, doctors diagnosed Rodgers with tuberculosis. Sensing that his time was short, he quit the railroad and devoted himself to playing music. Over the years, he had compiled a repertoire that included traditional folk songs, jazz, blues, vaudeville tunes and yodels—the sounds of America.

Rodgers played on street corners and at tent shows—anywhere he could. He performed at an Asheville, North Carolina, radio station in 1927 with the Tenneva Ramblers. And when the band learned that the Victor Talking Machine Co. (later RCA Records) was holding recording sessions in Bristol, Tennessee, they decided to go. Until the Bristol sessions, radio stations didn't play country records because they had precious few to play.

The two songs Rodgers recorded in Bristol didn't do much, but a second session, in Camden, New Jersey, included *Blue Yodel No. 1*, which sold a half-million copies and is better known as *T for Texas*.

Rodgers recorded more than 100 songs over the next few years, including classics like *In the Jailhouse Now, Frankie and Johnny*, and *Waiting for a Train*. He reportedly sold more than 10 million records in his lifetime—more than any other RCA Victor artist pre-Elvis.

As his health worsened, Rodgers limited his touring to the Southwest. Nearly every Texas town, regardless of size, has a Rodgers sighting in its history. Once, after a performance in Temple in 1929, he returned to his motel and started singing from the window of his room, drawing such a crowd that cops had to be called to break up the ensuing traffic jam.

Rodgers moved to Kerrville in 1929 in hopes that the Hill Country air might give him some relief from the tuberculosis that was slowly killing him. He built a house at the intersection of West Main Street and Jackson Road and called it Blue Yodeler's Paradise.

In 1933, a gaunt and ailing Rodgers traveled to New York to make 12 new records. He recorded his last song May 24 and died two days later. He was 35.

Though his time was brief, his legacy looms large. Country performers including Merle Haggard, Ernest Tubb and Johnny Cash cited Rodgers as a major influence, but so did blues singers Mance Lipscomb, Howlin' Wolf and Mississippi John Hurt and rockers like Lynyrd Skynyrd.

Rodgers is the only artist to be inducted into the country music, rock 'n' roll and blues halls of fame, and that says it all.







Sautéed Spicy Corn RICK GUTIERREZ GVEC

If you love the flavor of grilled corn but not eating it off the cob, sautéed spicy corn is the summer side for you. Sautéing fresh corn kernels with a bit of butter and jalapeños enhances the corn flavor while producing tender kernels with a bite.

- 4 tablespoons (1/2 stick) unsalted butter
- 6 ears corn, kernels removed from cob, or 3 cans golden sweet whole kernel corn (15 ounces each), drained
- 1 fresh jalapeño pepper, minced ½ cup chicken broth
- 2 teaspoons salt
- 1 teaspoon ground black pepper
- **1.** In a large skillet over medium heat, melt butter.
- **2.** Add corn, jalapeño, chicken broth, salt and pepper.
- **3.** Cook, stirring frequently, until corn is tender, about 12–15 minutes.

SERVES 6

\$500 WINNER

Zesty Spaghetti Salad NANCY HORTON DEEP EAST TEXAS EC



Get ready to sharpen those dicing skills because this salad is a total game changer! We're talking about a colorful medley of diced veggies that comes together in the most delightful way and makes every moment spent chopping absolutely worth it. This zesty salad dazzled my taste buds.



broken in half

16 ounces uncooked spaghetti,



1. Cook spaghetti according to package directions, rinse with cold water, drain and place in a large bowl.

1/4 teaspoon red pepper flakes

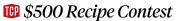
Dried chives or fresh garlic chives,

1/2 teaspoon salt

for garnish

- 2. Add tomatoes, zucchini, cucumber, yellow and red bell peppers, banana peppers, salami, and pepperoni to spaghetti and gently mix to combine.
- 3. In another bowl, whisk together Italian dressing, Parmesan, sesame seeds, poppy seeds (if using), paprika, celery seed, garlic powder, black pepper, red pepper flakes and salt. Pour over pasta salad and mix until well coated.
- **4.** Refrigerate at least 2 hours to blend flavors. Garnish with chives and serve chilled.

SERVES 8



HOLIDAY BREAKFAST DUE JULY 10

Christmas dinner gets all the attention, but what about that morning? Share your best holiday breakfast recipe that can feed a crowd, and you could win \$500. Enter by July 10.

UPCOMING: OODLES OF NOODLES DUE AUGUST 10



CONTINUED ON PAGE 28 >

Pecan-Stuffed Jalapeños GARY CRANE VICTORIA EC

Holy jalapeños, these are good. I'm not lying—I devoured four during recipe testing. (That's right, four.) No need to worry about too much spice when baking these up. The seeds are removed, and the peppers are stuffed with a cheesy pecan mixture that softens the heat.

10 large jalapeño peppers
1 package cream cheese (8 ounces), softened
1/2 cup chopped pecans
2 green onions, minced
1/4 cup medium-heat red salsa
1/2 teaspoon salt
1/2 teaspoon ground cumin
1/2 teaspoon garlic powder or 2 cloves garlic, diced
1/4 teaspoon orange or lemon zest
1/2 cup shredded cheddar cheese



- **1.** Preheat oven to 350 degrees. Line a baking sheet with parchment paper or foil.
- 2. Slice the top off each jalapeño and slice in half lengthwise. Remove seeds and place jalapeños on prepared baking sheet.
- **3.** Bake jalapeños 30 minutes. Remove from oven and allow to cool 10 minutes.
- **4.** In a bowl, stir together cream cheese, pecans, green onions, salsa, salt, cumin, garlic and zest until combined.
- **5.** Fill each jalapeño half with cream cheese filling and return to baking sheet.

Beat the Heat

BY VIANNEY RODRIGUEZ

Wear kitchen gloves when handling chiles to protect skin from capsaicin, the element that makes chiles hot. In a pinch, use sandwich bags.

Protect skin if not wearing gloves by running a knife under the ribs of seeds to remove.

Avoid touching eyes and face when working with chiles—wash hands with dish soap first.

To minimize burning on skin, apply a little oil—olive, canola or vegetable—as capsaicin dissolves in oil.

6. Sprinkle jalapeños with cheddar, return to oven and bake 10 minutes. Serve warm.

MAKES 20 HALVES



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HIT THE ROAD



Lodged in Time

Visit 1840s Castroville at the Landmark Inn State Historic Site

BY CHET GARNER

I was LYING in bed but felt like I was in a creepy movie. I imagined all the travelers who had slept in my room since the 1800s and wondered if any of them had met a sudden and unexpected ending. I eventually fell asleep and when I woke up (alive), I found myself in one of the most peaceful and historic places in Texas.

Castroville, 25 miles west of San Antonio, was settled in the 1840s by immigrants from the Alsace region of France. The inn, which emerged from a house built in 1849, is among a cluster of buildings that today is part of the Landmark Inn State Historic Site. The inn originally served as a hub for this immigrant community.

But this site is more than the stark-white, two-story building where I stayed overnight. It's an entire block of buildings that tell the story of grit and industry in the Hill Country.

Over the years, the property passed from one owner to another. While some of the buildings have fallen into disrepair, many are still standing.

There's a wash house, where bygone travelers could take a much-needed bath, and the home of Rowena Vance, a schoolteacher from Vermont and one of the original matriarchs of the property. There's a gristmill, where two giant stones worked 12 hours a day providing grains to the townsfolk and which decades later was converted to a hydroelectric power plant to electrify Castroville. The property was gifted to the state in 1974 and transferred to the Texas Historical Commission in 2008.

Every story I heard added a ripple to the complex tale of life in Texas over the past 175 years. I counted myself fortunate to have stayed in one of the eight historic rooms the inn offers modern guests. \blacksquare

ABOVE Chet spent the night in one of the eight historic rooms in the Landmark Inn.

Watch the video on our website and see all Chet's Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

JULY

10

Claude [10–12] Caprock Roundup, (806) 310-9044, claudetexas.com

Mason [10–12] Mason County Roundup Weekend, (325) 347-5758, masontx.org

11

Corsicana Food Truck Friday, (903) 654-4850, visitcorsicana.com

McDade [11–12] Watermelon Festival, (512) 980-4456, mcdadetexas.com

Laredo [11–13] International Sister Cities Festival, (956) 795-2200, visitlaredo.com

Hico [11–12, 15–19] Old Settler's Reunion, (254) 434-1249, hicotxchamber.org

12

Corsicana Mimosas at the Market, (903) 654-4850, visitcorsicana.com

Galveston Old Smokey Throwdown, (409) 765-5778, albatrossgalveston.net

Grapevine Ice Cream Social, (817) 410-3185, grapevinetexasusa.com

Weatherford Parker County Peach Festival, (817) 596-3801, peachfestivaltx.com

Winnsboro Adam and Chris Carroll, (903) 342-0686, winnsborocenterforthearts.com

Lewisville [12-Aug. 9]

All Natural, visualartleague.org

15

Fort Worth [15-20] *The Wiz,* (817) 212-4280, basshall.com



Pick of the Month

Fuzzy Peach Festival Fairfield, July 18–19 (903) 389-5792 fairfieldtexaschamber.com

Cool off during this two-day festival east of Waco. Enjoy music, vendors, cornhole, food and lots of water activities.

18

Brenham The Great DuBois: Masters of Variety, (979) 337-7240, thebarnhillcenter.com

Huntsville [18–19] Texas Thimble Trail, (936) 329-1376, texasthimbletrail.com

Fredericksburg [18–20] Trade Days, (210) 846-4094, fbgtradedays.com

Palestine [18–20, 25–27] Alice in Wonderland, (903) 394-2173, thetexastheater.com

19

Friona Cheeseburger Festival & Cook-Off, (806) 250-3491, friona-chamber.com

Lewisville [19–Aug. 16] Nouveau West, visualartleague.org

MORE EVENTS >

Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your October event by August 1, and it just might be featured in this calendar.



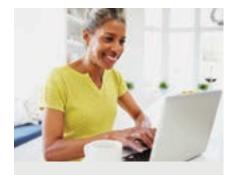


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Event Calendar

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W Sign up now TexasCoopPower.com/join JULY EVENTS CONTINUED

Winnsboro [23-Sept. 20] Women in the Arts,

(903) 342-0686, winnsboro centerforthearts.com

Clute [24-26] Great Texas Mosquito Festival, (979) 265-8392, mosquitofestival.com

Sargent [24-26] Hooked on Sargent Fishing Rodeo, (985) 258-8233, hookedonsargent.org

Fredericksburg [25-27] Hill Country Swap Meet,

(254) 751-7958, earhartproductions.com

Grapevine Disco Wine Train, (817) 410-3185, grapevinetexasusa.com

Buffalo Gap Tour De Gap, (325) 829-0617, tourdegap.com

AUGUS

Anna Kenny Chesney **Covered by Barefoot** Nation, (972) 560-4101, barnhillvineyards.com

El Campo [1-3] Lagoon Fest, (979) 275-1600, eclostlagoon.com

Granbury Blazin' Saddle 75, blazinsaddle75.com





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Catch of the Day

This nautical haul leaves us reeling with excitement! Fishing out the best ones was easy as shooting fish in a barrel. There may be bigger fish to fry, but these folks seem pretty pleased with what's on the line.

CURATED BY GRACE FULTZ



1 JENNIFER MATULA VICTORIA EC

"Her first big redfish that she brought in on her own."

2 RAYMOND TESTA

"I caught the moment that a bass struck at this lure in Royse City."

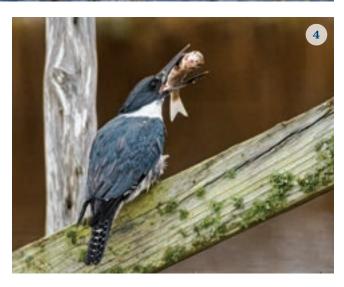
3 TOM HERRIN PEDERNALES EC

"A mature bald eagle catches lunch in the Mississippi River during the dead of winter."

4 RAY BEDNAR BLUEBONNET EC

"A kingfisher about to have a large lunch."







Upcoming Contests

DUE JUL 10 Abstract

DUE AUG 10 Country Life

DUE SEP 10 Snakes Alive!

Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for many more Catch of the Day photos from readers.



Liberty Belle

One grandmother's unmatched poetic love for the red, white and blue

BY CAROL GENE GRAVES
ILLUSTRATION BY JOHN KACHIK

MY GRANDMOTHER LOVED America and felt every citizen should share her patriotism. She instilled her fervent patriotism in me—and everyone around her.

Her love of country was not reserved just for holidays like the Fourth of July but was a belief she carried out daily.

When I visited her in the summer, we would put out the American flag on her front porch on Main Street in the small Central Texas town of Gatesville. When the flag was in place, she would stand erect and recite the Pledge of Allegiance.

If any unsuspecting soul was walking down the street, Grandmother would throw out a strong invitation to join us: "Come on up and say the pledge with us!" I don't think anyone dared to turn down Mrs. McCoy's strong invitation.

In Grandmother's bedroom was a

patriotic shrine: a framed copy of the preamble to the Constitution draped with a small American flag. Stuck to the side of the frame was a picture postcard my family had sent her from Philadelphia when we vacationed there. She was so thrilled that I had personally seen the Liberty Bell.

The bell had great significance for Grandmother because her favorite poem was *Independence Bell*. It's a dramatic poem, possibly written by American author Charles Brockden Brown, that recounts the adoption of the Declaration of Independence. Would the 56 delegates to the second Continental Congress declare the colonies free in July 1776?

The poem's setting is a hot, jittery Philadelphia as citizens stand before the Pennsylvania State House waiting for news. I can still see Grandmother the last time she recited this poem by memory for our family.

"Will they do it?" "Dare they do it?"
"Who is speaking?" "What's the news?"
"What of Adams?" "What of Sherman?"
"Oh, God grant they won't refuse!"

We could only be expectant as Grandmother described the old bellman, who was waiting "with one hand ready on the clapper of the bell." Then the old man's grandson brings him the news. He shouts, "Ring, Grandpapa, ring!"

Grandmother swelled with pride as she proclaimed this and concluded the poem:

We will ne'er forget the bellman Who, betwixt the earth and sky, Rung out loudly, "Independence"; Which, please God, shall never die!

Grandmother died January 19, 1981, and the next day was one of high national drama. Not only did we say goodbye to her, but we also watched Ronald Reagan be sworn in as America's 40th president and were thrilled at the return of 52 American hostages from captivity in Iran.

We flew Grandmother's flag that day to celebrate the hostages' return, but it was more our family's way of remembering Grandmother and how much she loved America.

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How did Anna start to enjoy life to the fullest?

At the age of 56, a back operation left me dependent on a cane, significantly impacting my daily life. Simple tasks like going to the store or meeting friends became challenging, and I even had to cancel a long-awaited anniversary trip to Italy.

My husband purchased a scooter for me, but it was cumbersome and uncomfortable for everyday use, leaving me feeling more constrained than liberated. However, everything changed when I came across the ATTO SPORT. This remarkable scooter proved to be a game changer. Not only is it robust and reliable, but it also conveniently splits into two pieces, allowing me to effortlessly lift it into my car trunk on my own. I was even able to stow it in the overhead compartment on the plane, enabling us to finally take that trip to Italy! I am now independent once more, able to go wherever I please and do so with a striking sense of style. In fact, I now find that my husband struggles to keep up with me!







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