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AS A CLASSROOM

THE INTRIGUING
FLAPPER BANDIT

LA PITADA
AND THE COWBOYS

Texas Coop Power

FOR TRINITY VALLEY EC MEMBERS

OCTOBER 2024

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NEWS

SEE PAGE 16

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October 2024



10

06 Grassroots Movement

Yard work doesn't cut it for the dedicated drivers and DIYers of lawn mower racing.

Story and Photos by Julia Robinson

Learning the Hard Way

College professors are taking students way out of the classroom for educational adventures.

By Pam LeBlanc

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ON THE COVER
Jay Jones of College Station hurtles around a track in Gun Barrel City in his souped-up mower.
Photo by Julia Robinson

ABOVE
Texas Tech University student Kassidy Edwards hikes her bike out of Fresno Canyon in Big Bend Ranch State Park.
Photo by Jerod Foster



Latin America Celebrates

EVER WONDER WHY National Hispanic Heritage Month, commemorated each September 15–October 15, spans two calendar months?

The celebration begins in the middle of September to coincide with independence days in several Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua celebrate theirs September 15, followed by Mexico on September 16, Chile on September 18 and Belize on September 21. The month also overlaps with Día de la Raza, a Latin American holiday that for some replaces Columbus Day, October 12, to celebrate the region's mixed Indigenous and European heritage.



Night Vision

Lago Vista, a community nestled along Lake Travis in Central Texas, made history 65 years ago this month. The town, northwest of Austin, became the first rural community in the U.S. to get streetlights, October 20, 1959, thanks to Pedernales Electric Cooperative.



TCP Contests and More

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Pies, Pies, Pies

FOCUS ON TEXAS PHOTOS

I Love

RECOMMENDED READING

Read *Wiley's Sages* from December 2013 to learn more about the undisputably mighty Wiley College debate team. Melvin B. Tolson organized the team 100 years ago this month, October 28, 1924.

FINISH THIS SENTENCE

My favorite hand-me-down is ...

TCP Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our August prompt: **I can't wait to learn ...**

How to quilt. Katie Phillips' story has inspired me [*In the Beginning*, August 2024]. It's never too late.

JANET KELLY
BLUEBONNET EC
ELGIN

How to make tamales from scratch.

JENNY CARPENTER
CENTRAL TEXAS EC
INGRAM

Something new every day so I don't grow old.

KATHY BOLSEN
PEDERNALES EC
SPRING BRANCH

About the world from my great-grandchildren.

KAT CROSS
HOUSTON COUNTY EC
CROCKETT

Visit our website to see more responses.

AUGUST 2024 Open Roads, Open Eyes

“Beautiful pictures and a great story. Texas does have wonderful scenery and vistas. We all need to slow down and see what’s out there.”

MARY HENDERSON HARP
VIA FACEBOOK



WYATT MCSPADEN

Getting Electricity

I was born in 1944 and raised on a farm in southwest Iowa [*In the Beginning*, August 2024]. We did not get power until 1947 or 1948. Our house was wired for electricity, but all progress toward lighting up the homes stopped when the war started.

We had the light switches, which, of course, did nothing, and my mom would tell me that I played with those switches so much, she wondered if they would still work when we actually did get power. Lucky for me they did.

Sheryl S. McNally
Pedernales EC
Marble Falls

Dimmitt, Darn It

Having grown up in Earth, the photo on Page 8 caught my eye [*Open Roads, Open Eyes*; August 2024]. I don’t recall silage mounds back in the 1950s, but I do recall Dimmitt being spelled with two T’s.

Evelyn McAnelly
Medina EC
Hondo

Earthy Elocution

Lyndon B. Johnson could be earthy in his language at times, and many jokes and stories wouldn’t be suitable for a family magazine [*Sense and Humor*, August 2024].

One of the milder anecdotes involved a crisis in Greek politics between Prime Minister Georgios Papandreou and his son and political opponent Andreas Papandreou. LBJ called the Greek ambassador in to urge the Greeks to get their act together.

LBJ, who wasn’t good at lengthy foreign names, told the ambassador, “You tell old Papa-what’s-his-name to get together with that other Papa-what’s-his-name and work something out.”

Charles Wukasch
Pedernales EC
Austin

Required Reading

Finish This Sentence in the August issue hit a chord. Elmer Kelton’s books are classic, and the one noted, *The Time It Never Rained*, is a must-read.

Charles Patterson
Navarro County EC
Corsicana

TCP WRITE TO US
letters@TexasCoopPower.com

Editor, Texas Co-op Power
1122 Colorado St., 24th Floor
Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

Texas Co-op Power

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CORBIS | GETTY IMAGES

A driver in a white helmet and racing suit competes in a go-kart race on a dirt track. The kart is white with black and white checkered patterns and the number 12K. The driver is wearing a helmet with a star and the name 'Cub Cadet'.



STORY AND PHOTOS BY JULIA ROBINSON

After first responders rushed over to Bobby Lechinger, who was face down on the dirt track after flipping his lawn mower, they tended to his injuries, including a fractured foot.

But Lechinger still had his eyes on a prize.

“Please don’t cut my racing pant leg,” the mower racer from Madisonville told the ambulance crew. “I have to race tomorrow.”

Lawn mower racing may sound like a joke, but the drivers are seriously dedicated to their sport.

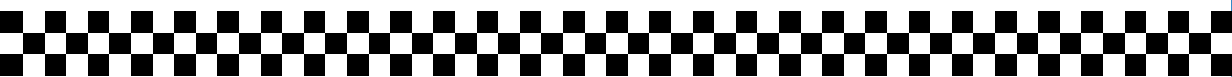
With four wheels (mostly on the ground), cutting blades removed and a low center of gravity, lawn mower racing doesn’t make for many crashes, but it can still be dangerous. On this hot June morning in Gun Barrel City, southeast of Dallas, Lechinger was among a dozen drivers hurtling around a small dirt oval track tucked between baseball fields and a Baptist church. This is the home track for the Lone Star Mower Racing Association and for an unexpected blend of grassroots engineering, adrenaline-fueled competition, light-hearted humor and Texas grit.

The competitors don full-body motocross-style racing suits and safety gear and push their minuscule home-built machines to the edge. With the temperature pushing into the mid-90s before racing even starts, everyone is sweating but smiling. A small but curious crowd has filled the bleachers, some huddling under umbrellas for relief from the intense sunshine. As the green flag waves, the competitors roar across the starting line, and the dirt flies.

Lawn mower racing traces its origins, as you might expect, to a laugh in a bar.

In 1973, Irishman Jim Gavin and a group of his mates from West Sussex, in England, were bemoaning the increasing cost of motor sports, with sponsorships and professional drivers pushing out everyday enthusiasts. But they realized they all owned lawn mowers and decided to race them. Eighty competitors showed up for that first gathering of the British Lawn Mower Racing Association.

CLOCKWISE FROM OPPOSITE Kevin Council, a “horsepower junkie,” raced dirt bikes for 20 years before discovering lawn mower racing. Annsley Howard, with her dad, John, has been racing mowers since she was 9. Richard Wooley holds off Jesse Vick during the U.S. Lawn Mower Racing Association national finals in June in Gun Barrel City. Family, friends and curiosity seekers find the action way more exciting than watching grass grow.



Lawn mower racing embodies the spirit of Texas itself: bold, resilient and unapologetically fun.

In the U.S., there's an annual lawn mower race in Indiana that started in 1963, and there had been a few one-off races over the years at county fairs and rodeo sideshows. But nothing was formalized until 1992, when STA-BIL, an engine fuel additives brand, announced a publicity stunt on April Fool's Day: the first U.S. Lawn Mower Racing Association competition.

The promotion was a surprising success and 32 years on, lawn mower racing is still finding new fans and competitors, attracting racers from other motor sports drawn to the affordability and do-it-yourself engineering.

The Texas chapter—the Lone Star Mower Racing Association—formed in 1998, with a racing season that runs from roughly Labor Day to Memorial Day, skipping the hottest months when engine (and driver) performance suffers. Boerne, Bonham, Bulverde, Caldwell, Madisonville, Whitesboro and Wortham also host races and exhibitions. The rules are fairly simple: remove the cutting blades, build your mower to regulation rules and go faster than everyone else.

At its core, lawn mower racing is a celebration of ingenuity and resourcefulness. With strict regulations governing engine size and modifications, racers must get creative to gain a competitive edge. Each mower is a testament to its owner's craftsmanship and dedication.

There are eight classes of competition based on engine size, horsepower, wheelbase and other specs. Kids as young as 6 can compete with stock mowers (6.5 horsepower or less) and top speeds around 20 mph. The fastest classes are the factory experimental classes—the Formula 1 of mowers—with FXS (single cylinder) and FXT (twin cylinder) machines that can exceed 100 mph.

Kevin Council, president of the LSMRA and a member of Houston County Electric Cooperative, competes in the fastest FXT class. Dressed in a red, white and blue NASCAR-style suit, Council greets me in front of his travel trailer, home to four mowers. He spent 20 years racing dirt bikes before retiring from the sport.

He saw his first LSMRA race in 2021, and “before the race



ABOVE Philip Fallis of Willis chats with fans after a race. OPPOSITE Council says he saw his first race in 2021 and “before the race was even over, I was on the internet looking for a mower.”

was even over, I was on the internet looking for a mower. Two weeks later we drove to Michigan to pick it up, and that was four lawn mowers ago,” Council says with a laugh. “I’m a horsepower junkie at heart, and there’s nothing more redneck than going lawn mower racing.”

He jokes that his racing number, 12K, is the start-up cost for his new racing habit but is quick to point out how accessible and affordable lawn mowers are compared to other motor sports. “This is really one of the cheapest sports you can get into horsepowerwise. The entry level is probably \$1,000–\$1,500.”

Lawn mower racing thrives on the participation of everyday Texans who have formed and foster a tightly knit community of gearheads. There's more camaraderie than cutthroat competition. Sure, racers are eager to win, but they're just as likely to lend a helping hand to a fellow competitor. In the pits, racers swap tips, share tools and forge lasting friendships. There are no cash prizes in the sport—just trophies and bragging rights.



Back on the track, competitors have started the feature races, which have been shortened to 15 laps instead of the usual 20 due to the heat.

Brandi Vercher from Highlands is one of three women racing today and takes her first checkered flag after years of coming in second and third place in the GPT class.

Annsley Howard, 17, from New Ulm, takes first in the FXS class on her machine painted black and green. Howard, the 2023 state champion in the FXS class, has been racing since she was 9. “It’s just fun. It’s an adrenaline rush,” she says with a smile.

Her father, John Howard, got involved with racing when a friend asked for help from his welding shop. “Two and a half weeks later, I built a mower that I couldn’t even fit on,” John says. “I had to get someone else to drive it. And then it just snowballed from there.”

Lots of drivers have a story like this, in which a friend or family member enticed them into the sport. Sammie Neel, LSMRA secretary-treasurer and a customer of Bryan Texas Utilities, also races in the FXS class. “I like to say we’ve been ruining lawns since 1992!”

Neel’s husband got into the sport first, then warmed her onto the track.

“Whenever I finally got out there, I was going slow,” she says, drawing out the word “slow.” “I got lapped like five times, and I was so mad when I got off the track, I said, ‘You make that sucker go. If I’m going to be out here, I’m racing.’”

Then she couldn’t stop. “You think you’re just going to go out there and putt around, but once—and I mean once—somebody passes you, you’re like, ‘Ahh, I’m ready to go!’”

The timekeeper and scoring judge today is Kerry Evans, the USLMRA president, who drove in from Alabama. He’s been in the sport since 1998 and has two national championships.

“When we started in the ’90s, we had 30- and 40-mph lawn mowers,” Evans says. “People started experimenting and tinkering, and in September of 2010, a group of us went to the Bonneville Salt Flats and set the land-speed record on the lawn mower at 96½ miles an hour.”

Today’s FXT mowers can surpass 100 mph. “It’s just been rock and mow ever since,” Evans says.

The spirit of the sport’s April Fool’s origin has never left, and many early racers had punny monikers: Sir Lawns A Lot, the Lawn Ranger, Blade Runner, Prograssinator. These days everyone runs under their actual names, but the sport still gets chuckles.

“We tell people, hey, we race lawn mowers, and they’ll just start laughing,” Neel says. “And we’re like, seriously, you know, laugh if you want, but come out to the races because they go fast.”

“And then once they come out, they get excited. They’re a fan after that.”

Lawn mower racing embodies the spirit of Texas itself: bold, resilient and unapologetically fun. As long as there are lawns to mow and racers with a need for speed, the roar of mowers will continue to remind us that, sometimes, the most extraordinary adventures can be found in the most unexpected places.

“The mow, the merrier,” Evans says. ■

College professors are taking students
way out of the classroom for educational adventures

LEARNING *the* HARD WAY

BY PAM LEBLANC

SOME OF THE MOST important lessons of college didn't come in a classroom for Thira Schlegel. They came during a 10-day trip to Tanzania in January, when the Southwestern University senior and 11 other students climbed to the summit of Mount Kilimanjaro.

During the trip, part of the university's Outdoor Adventure Program, Schlegel befriended a Tanzanian porter, a young man named Good Luck, who, like her, is an artist. Arriving in camp after difficult days of hiking at high elevations, Schlegel would unpack her art supplies and take in the rugged surroundings.

"I'd find a spot that inspired me and invite Good Luck to join," Schlegel says. "We painted the same scene together, sometimes in silence and sometimes talking about our lives and how they're similar and different."

That experience, Schlegel says, made her realize the privilege she has at home in Texas and inspired a series of paintings that incorporate themes of sustainability and adventure.

It also gave her confidence she'll carry with her the rest of her life.

TOP OF THE CLASS

Schlegel and the others' ascension of Kilimanjaro, which at 19,341 feet is the tallest peak in Africa, was part of a program led by mountaineer Brannndon Bargo. He's Southwestern's assistant director for outdoor adventure and executive producer and host of *The Highpointers*, a PBS series about Bargo and his brother, Greg, climbing the highest peaks in all 50 states.

The trip capped a year of shorter excursions that included mountain biking, kayaking, horseback riding and caving—all designed to help students feel more comfortable outdoors, find community and hone their leadership skills along the way.

"We want them to have fun but learn something," Brannndon Bargo says of the extracurricular program, which he hopes will eventually become a for-credit class at the



COURTESY THIRA SCHLEGEL

ABOVE Southwestern University student Thira Schlegel, left, with Good Luck, a Tanzanian porter she befriended on her trip to Africa. OPPOSITE Members of Southwestern's Outdoor Adventure Program at the summit of Mount Kilimanjaro.

university in Georgetown, north of Austin.

Baylor University, Texas A&M University, the University of Texas at Austin and other campuses also offer various forms of outdoor activities to round out their students' education.

"It's a way to retain students," Bargo says. "During COVID, we learned kids get really stressed out. They need a way to have community and find friends and de-stress. The university realizes this is a way to do that—and get students outdoors. They're putting an emphasis on it and money toward it."

COURTESY JILLIAN CLARK





CLOCKWISE FROM LEFT Anna DesHotels, a student in Texas Tech University's Adventure Media course, slobes through a muddy stretch of the Brazos River during a training ride. Tech's Jacob Hoebelheinrich, left, and Ryan Steele pitch a tent in Big Bend Ranch State Park. Tech students gather along a ridge overlooking the Madrid Falls watershed in the park.



RESPECTING THE UNEXPECTED

At Texas Tech University, students in the Adventure Media class, offered in the spring semester, bicycled 100 miles through the rugged canyons and cactus-studded plateaus of West Texas this year, gathering video and photos and collecting scientific data to create a three-part YouTube series about desert botanicals.

Jerod Foster co-teaches the program, created in 2014 and originally geared toward students interested in working in outdoor media. Today it's offered as an elective to students in all majors, but they must apply and interview for a spot.

"About half the class are folks interested in media production and storytelling, and the other half are folks from engineering, business, arts and humanities who are interested in a unique experience that lets them dive into areas their majors don't let them focus on," Foster says.

The signature experience of each session is a bike backpacking trip during spring break. Last year students biked 150 miles through New Mexico. This year's class pedaled 100 miles through prickly Big Bend Ranch State Park, along the Rio Grande.

"The primary takeaway is for them to get a very real-world taste of what it's like to go into the field as a professional and work through an incredibly intense challenge, then get to the other side and produce a quality project," Foster says. "They grow in confidence and resilience, both physically and mentally. They become a lot more aware of the purpose they are driving themselves toward."

It's something that today's students, whether they realize it or not, are craving, says Foster, who's also a prolific travel and nature photographer. "They want to be pushed out of

their comfort zone. This lets them experience a reality that's not augmented, and that's a precious commodity."

Such programs might look and feel foreign compared to the traditional classroom experience, but—particularly post-pandemic—institutions that are not adopting such immersive, hands-on experiences are getting left behind, Foster says.

"Students learn incredibly well in these settings," he says. "We need more of these things. They're not for everybody. We've had to deal with concussions and crashes. Some of these students have never ridden a bike before this class, and we don't go to adventure-light locations."

But students learn what not to sweat and how to deal with the unexpected.

"They have to be adaptive," Foster says. "We tell them, 'This is not going to go the way you imagined it, and that's OK.' It makes for great experience."

And that, perhaps, is the most important lesson of all.



PHOTOS COURTESY JEROD FOSTER

UPHILL ONE WAY

At Southwestern, 82 students applied for the Kilimanjaro trip. Bargo whittled it down to a dozen, looking for people interested not only in the physical challenge but those who wanted to learn about other cultures too. It wasn't easy, but ultimately all 12 students reached the summit.

"We had cold rain every day, even though it wasn't rainy season," Bargo says. "They did well as the trip started, but as they passed 14,000 feet, nearly everyone struggled. One of the greatest things was seeing how they rose to the occasion and helped each other."

The students arrived quiet, nervous and unfamiliar with one another but returned talking and laughing. "It gives them a sense of place and community," Bargo says. "It helps them learn who they are and builds perseverance and determination."

GETTING OFF-CAMPUS

Other outdoor adventure programming at Texas universities:

Baylor University's Outdoor Adventure Living-Learning Community offers a for-credit adventure sport class that includes climbing, mountain biking and outdoor living.

Texas A&M University offers about 15 climbing, paddling, hiking and camping trips each year through its Outdoor Adventures program.

Texas State University's mass communication department offers a for-credit Mobile Storytelling in the Outdoors course. Students use smartphones and other mobile tools to produce video and social content.

The University of Texas' Outdoor Recreation program offers trips each semester. Past excursions have included canoeing Buffalo National River in Arkansas and backpacking in Hawaii.

For Schlegel, who graduated in May, the adventure marked her first trip overseas.

"I went to Kilimanjaro and saw how big the world truly is," she says. "It was the hardest thing I've ever done."

But besides instilling confidence, it inspired new themes in her artwork.

"I read about how shoes are such a big contributor to our carbon footprint," she says. "I got the idea to cut up old running shoes to use the sole and fabric to imprint onto landscape paintings."

Schlegel gathered pieces of running shoes she found while inching her way up the mountain. The porters often wear shoes given to them by hikers and use them until they fall apart. She dipped those bits of rubber soles—still with dirt on them—into paint and pressed them onto landscapes to imprint a metaphorical carbon footprint onto her paintings.

"It allowed my artwork to carry a totally different meaning, even deeper than it was before," she says. "I realize we need to sustain the things we have for as long as we can and be grateful for all the gear we use and use it sustainably."

Schlegel says she hopes to donate proceeds from some of her Kilimanjaro-inspired work to an organization that supports the porters or an elementary school in Africa.

"My mindset has totally changed after this trip. I have this yearning to give back." ■

Myth Busting with Geothermal Heat Pumps

by Brian Shaw, Texas Territory Manager
WaterFurnace

“Well, you could have a geothermal heat pump, but...”

...You Need a Bunch of Land

As one old timer put it, “If you have a lawn mower, then I can put in a geo unit.” With numerous options for the underground loop systems, that’s actually true. A vertical loop is often installed under driveways or even 10’ x 10’ patches of ground. There are many other options including using an existing water well, a pond, or if in fact you have more than ½ an acre, a long horizontal ditch is a great solution. If you Google “ground heat exchanger options” you will find a variety of solutions that might work for you.

...It Isn’t Safe

Since geothermal heat pumps are 100% electrical, there is no combustion of gas or oil in the home for heating. So, there’s no chance of smelly fumes, explosions, or carbon monoxide poisoning. Because heat pumps are certified by independent laboratories, they include safety cutoff switches for every circuit in the system.



A geothermal unit easily integrates into your current heating and cooling system.



When using a geothermal unit, about 75% of the heating and cooling energy comes from the earth.

...Electric Heat is Expensive to Operate

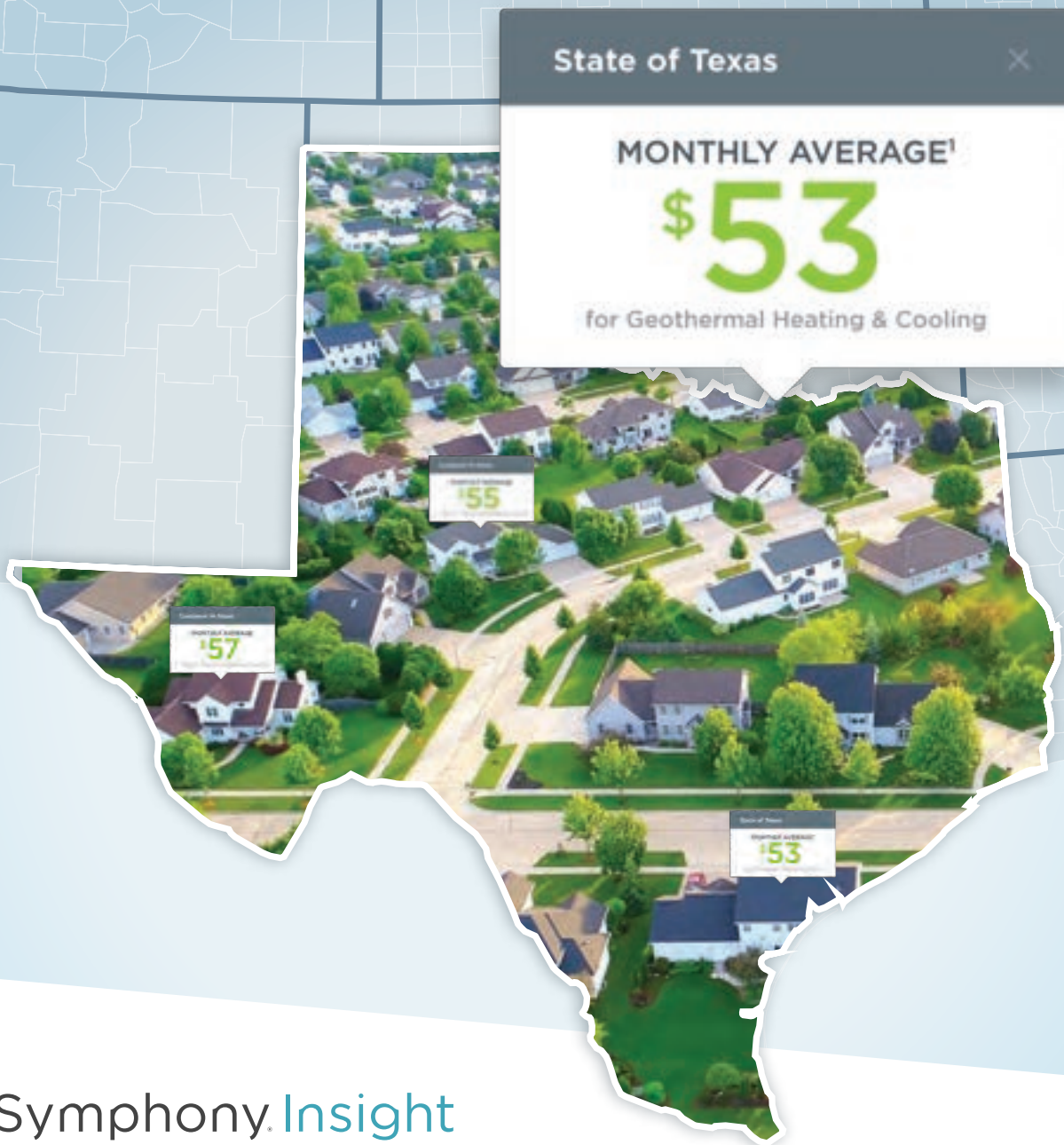
Some geo systems are installed with electric strip heat for extreme cold weather. And yes, that can add to your electric bill. However, modern systems are designed to operate without backup heat down to extremely low temperatures. And if your underground system (the “loop”) is sized right, no backup heat is needed at all.

...It’s Too Expensive to Install

Installing geothermal heating and

cooling for your home or building is an investment, no doubt about it.

Geo system owners quickly realize their systems are saving so much money they are recouping their investments in 5-7 years. With the 30% tax credit and other incentives geo can even cost less than a new boiler or HVAC system to install. When you consider the loop will outlive anyone alive today and the heat pump will deliver twice the useful life of most alternatives, that makes for a much more attractive investment.



Symphony. Insight

With WaterFurnace, the average Texan pays \$53/mo. to provide heating, cooling and hot water for their home.

WaterFurnace homeowners across the country are reaping the benefits of geothermal heat pumps by utilizing the unlimited reservoir of stored solar energy underground. A WaterFurnace geothermal system taps into this free and renewable resource to provide savings of up to 70% on heating, cooling, and hot water—with a comfort you have to experience to believe. Right now you can save thousands on installation thanks to a 30% federal tax credit². Contact our WaterFurnace Concierges Team to learn more today!



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1. 14.5¢ kWh – June 2024 Texa's Monthly Electricity Rate Average | Actual data powered by Symphony

2. ENERGY STAR rated units qualify for 30% through 2032, 26% through 2033 and 22% through 2034



MESSAGE
FROM
GENERAL
MANAGER/
CEO

JEFF LANE

October Is National Cooperative Month

Why we celebrate our unique business model

EVERY OCTOBER, cooperatives from all sectors across the country celebrate National Cooperative Month. The purpose of this annual celebration is to recognize the cooperative difference and remind you, the members of our co-op, about Trinity Valley Electric Cooperative's purpose.

I must admit that occasionally, I have been somewhat cynical of PR "holidays" that fill up social media, but National Cooperative Month has a genuinely special purpose that's near and dear to me.

This month is all about celebrating co-ops' unique business model, based on the Seven Cooperative Principles: Voluntary and Open Membership; Democratic Member Control; Members' Economic Participation; Autonomy and Independence; Education, Training and Information; Cooperation Among Cooperatives; and Concern for Community.

For co-op employees and members who are familiar with the principles, the month of October is a great opportunity to renew our connection to each other and the purpose of our co-op. TVEC's main purpose is to provide safe and reliable electricity to our members. But we also offer many other programs and services to our members.

In the U.S., there are more than 30,000 co-ops in many industries. These diverse yet connected

businesses join together this month to educate members—and nonmembers—about the community of cooperatives.

There are more co-ops in our local community than most people realize. Co-ops are even represented on the shelves at our local grocery stores, such as Land O'Lakes, Welch's, Organic Valley, Cabot Creamery, Sunkist, Ocean Spray and many more.

In fact, in fact, according to the U.S. Department of Agriculture, co-ops count more than 350 million members in the U.S. alone (with some folks belonging to multiple co-ops), and cooperatives employ more than 2 million Americans and generate more than \$700 billion in annual revenue.

The Seven Cooperative Principles speak to the heart of why we must take every opportunity to celebrate and teach others about the cooperative business model. So plan your own co-op celebration by purchasing co-op products, do business with co-ops right here in our community and be an active member of TVEC.

One of the best ways to support us and the cooperative business model is to attend our annual meeting. That will be October 10 at the Canton Civic Center. We look forward to seeing you there. ■



DEJAN_DUNDJERSKI | ISTOCK.COM



TVEC October Updates: Annual Meeting is Here, New Podcast and More

OCTOBER IS CO-OP MONTH and we love to celebrate that, of course. Fall is here, with cooler weather and we are ready to head toward the holidays. Don't miss out on these great opportunities to connect with us in the coming month.

• **Annual Meeting Is Coming Soon**—This edition of *Texas Co-op Power* should hit your mailbox with just over a week until our TVEC Annual Membership Meeting on October 10. We hope to see you at the Canton Civic Center.

• **Introducing the TVEC Consider it Hot Podcast**—Now you can catch up with the co-op while you are on the go. The initial episode was published at the end of August, and by the time you are reading this it should be available on most popular podcast streaming platforms including Apple Podcasts, Spotify, YouTube and more.

We are planning monthly member updates, as well as in-depth episodes to cover big topics like residential solar, the Electric Reliability Council of Texas, capital credits and more.

Give it a listen and let us know what you think.

• **Get on the Calendar for School Programs**—TVEC's safety, career and efficiency programs are a great addition to your school or civic group's fall schedule. We have programs for all ages.

The Power Town safety demonstration gives students a memorable lesson in safety around electricity, and is perfect for schools and homeschool groups. Find out more at tvec.net/safety-programs. ■



Find out more and listen online at tvec.net/podcast.



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Cedar Creek District Office

1012 W. Main St., Ste. 102
Gun Barrel City

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582 N. Fourth St., Wills Point

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tvec.net





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TVEC ENERGY
MANAGEMENT
SUPERVISOR

CHRIS WALKER

Tips for Keeping Comfortable This Winter

WHEN WE TALK ABOUT comfort in our homes, we usually think about where the thermostat is set. But there's more to the picture than just the indoor temperature.

An important piece of the comfort puzzle is radiant heat, which transfers heat from a warm surface to a colder one. A person sitting in a room that's 70 degrees can still feel chilly if there's a cold surface nearby, like a single-pane window, hardwood floor or exterior wall.

Covering these cold surfaces can help. Try using area rugs, wall quilts or tapestries, bookcases, and heavy curtains to help prevent heat loss and make your home feel more comfortable.

Keep in mind, radiant heat can also work in your favor. A dark-colored tile floor that receives several hours of direct sun can retain heat during the day and radiate it into the room during the evening.

Another possible cause of discomfort during the winter is air movement. The wind chill factor, which is a calculation of air temperature and wind speed, is a good example of this. Moving

air makes us feel colder, and during the winter, cold outdoor air can infiltrate our homes.

On average, a typical home loses about half its air every hour, and that amount can increase when outdoor temperatures are extremely cold and the wind is blowing. In this case, the best way to keep your home toasty is to minimize air leaks.

You can easily locate air leaks in your home with a blower door test, which is typically conducted by an energy auditor. These are some of the most common spots air leaks occur:

- ▶ Penetrations and cracks around windows and doors
- ▶ Exterior cracks in brickwork and siding
- ▶ Plumbing and wiring penetrations from the exterior to the interior of the home
- ▶ Mail slots and pet doors

Caulk, weatherstripping, outlet cover gaskets and dryer vent covers can be used to seal these leaks.

A fireplace can also be a major source of air leakage. If you don't use your fireplace, you can

seal the opening or install an inflatable chimney balloon.

Before using the fireplace, consider this: Unless you have a high-efficiency insert, your fireplace will suck heated air from the room out through the chimney. Always close the fireplace flue when it's not in use.

Your pursuit of comfort should also include a careful look at your home's heating system. Is it distributing heat evenly and efficiently? Forced-air systems distribute air through supply ducts and registers. Small rooms may only have one register, but large rooms could have several. You may find some registers are blowing copious warm air and others little at all.

Ideally, every room should have return air registers. If you see possible shortcomings with your forced-air system, enlist the help of a certified contractor who knows how to improve ductwork.

Ensure your furnace is running at peak efficiency by scheduling an annual inspection. Check your filter monthly and replace or clean it as necessary.

Beyond that, you can always warm yourself by wearing heavier clothing, doing some light exercise throughout the day, and snuggling with a pet or under a blanket. ■



WANDERLUST | ISTOCK.COM

Stay Safe With Outdoor Lighting

ADDING OUTDOOR LIGHTS around your home is one of the best ways to protect it from break-ins while adding safety and style. Some tips:

Place a light at every entry point to your home: above or beside windows and doors, including the garage door.

Mount lighting fixtures on exterior walls near first-floor windows to discourage burglars. 146824003

Illuminate your front, back and side yards with floodlights so nobody can skulk around without being seen.

Light up your driveway with pathway lights and another light above the garage door to lower the chances someone will break into your car.

Send a message to prowlers that the neighbors will notice them. Mount lanterns in trees to pour light into your yard and onto your deck. Likewise, post upward-facing lights at the base of trees and shrubs.

If you have a security camera or a security system warning sign, train a light on it so it's visible to would-be intruders.

Arrange outdoor lights so they're high enough to be out of the reach of vandals. Security experts say that's 9 feet off the ground.

Rig your outdoor lights to a timer so they come on at dusk and off at dawn.

Take care with placement so light doesn't glare into your home or your neighbors'.

If your lights are rigged to motion detectors, set them so they spot people near your house but not birds, bats or bugs.

Remember, any light bulb you add or change is a chance to practice energy efficiency, so look for LED models. They'll use the least electricity and save you money over time. ■



POWER TIP

During the fall, HVAC technicians are typically less busy, making this an excellent time for maintenance and any necessary repairs before winter begins.

ROSSHELEN | ISTOCK.COM

Cast-Iron Skillet Giveaway Contest



To celebrate 80 years of *Texas Co-op Power*, we're giving away 80 handcrafted, heirloom-quality No. 12 skillets from Fredericksburg Cast Iron Co.

TCP Enter Today
TexasCoopPower.com/contests



Lineman Lunch

Ables Springs Cafe

A community meeting place in just the right spot

BETWEEN LAKE TAWAKONI AND TERRELL, there are a lot of Trinity Valley Electric Cooperative members, power lines and even a new substation facility under construction. However, there aren't very many places to settle down for a hard-earned lunch break.

Located on Farm-to-Market Road 429, about halfway between U.S. Highway 80 and the lake, the Ables Springs Cafe looks more gas station than lunch spot on the outside. They make up for the small size with a surprisingly robust menu with all of the staples of a small greasy spoon.

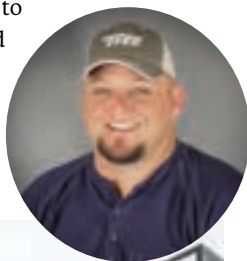
"Really it is just always a burger for me," said Scott Stewart, TVEC crew foreman. "There are other things but the burgers are quick and always good."

For those with an adventurous spirit, the cafe has some options you might not expect including a ghost pepper cheese to put on your burger. Side item choices include fried green beans, fried mushrooms, chicken livers and chicken gizzards. And then there are also home-made fried pies at the counter to take for an afternoon snack.

Breakfast is a full page of the menu as well, with omelets, pancakes and a fried breakfast burrito.

The food may have some surprises but the service is exactly what you expect in TVEC country—prompt and courteous.

The Ables Springs Cafe is located at 28870 FM 429, Terrell TX. ■



Win \$100 Just for Reading

Somewhere, hidden on pages 16–23 is a TVEC account number. Read closely. If the account number is yours, contact the member services department by October 31 to receive a \$100 credit on your electric bill. Don't miss out—you could be our winner.



Cast Your Vote November 5

TEXAS ELECTRIC cooperatives' top priority is providing members with safe and reliable energy. But this job requires more than stringing and maintaining power lines. It requires political engagement.

That may seem far removed from our core mission, but it's absolutely essential to the services cooperatives provide.

That's why electric co-ops in Texas and across the country encourage all co-op members to participate in national, state and local elections.

Your cooperative also works to educate political candidates and elected officials about the important role electric co-ops play in their local communities. Decision-makers across the political spectrum trust us because of the work the co-op family has put into political engagement.

As co-ops, the civic virtue of voting is in our DNA. We show Concern for Community—one of the Seven Cooperative Principles—through participation in our democracy.

Voting is central to American democracy—because when we all get involved, we can make things happen. We hope you will commit to casting your ballot November 5. You can also cast your vote during early voting October 19–November 1.

To learn more about the upcoming elections and access resources that can help you stay informed, visit vote.coop. ■





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Tax Credits, Incentives and Rebates for Efficiency Upgrades

TAX CREDITS AND REBATES can help bridge the affordability gap of energy efficiency upgrades for your home, allowing you to lower your energy use and save money in years to come.

But first, knowing the difference between a tax credit and rebate is important. A rebate is a payment for purchasing or installing a qualified product or home improvement. Depending on how the rebate program is set up, it may be provided at the time of purchase or applied for and received after installation. In some cases, a rebate is provided as a cash payment to those who complete eligible projects.

A tax credit is a dollar-for-dollar amount that taxpayers can report on their tax documents to reduce the amount of taxes owed. You apply for a tax credit when you file your taxes, so it typically takes longer to reap the benefits versus a rebate.

According to Energy Star, homeowners can qualify for up to \$3,200 annually in federal tax credits for energy efficiency upgrades. Federal tax credits are available for heating and cooling system upgrades, including heat pumps, furnaces, central air conditioners, boilers and geothermal heat pumps.

Tax credits for Energy Star-rated heat pump water heaters cover 30% of the project cost, up to \$2,000. You can also improve your home's envelope—the barrier that separates the inside from the outside—with tax credits for insulation, windows and skylights.

If an energy efficiency upgrade requires improving the electrical panel in your home, there's a tax credit for that, too. You can receive 30% of the cost of the panel upgrade, up to \$600.

These federal tax credits are available through 2032. You must own the home you're upgrading, and it must be your primary residence. Federal tax credits only apply to existing homes in the U.S., not new construction.

The Inflation Reduction Act of 2022 expanded available funding for many home upgrades. The act allocated \$8.8 million for home rebate programs to be implemented at the state level, and this funding is offered in two different programs.

The HOMES program allows up to \$8,000 per home for standard-income households. Higher rebates are available for low-to moderate-income households. The HEAR program offers rebates of up to \$14,000 per home for qualified, efficient electrical equipment for low- to moderate-income households.

These programs are designed to bolster existing programs and should be available in late 2024 or early 2025. Check with the Texas Comptroller's Office at comptroller.texas.gov to learn more. ■

TEXAS DIVISION OF EMERGENCY MANAGEMENT

Hurricane Preparedness Guidelines

Hurricane Season Is June 1–November 30

Preparedness Checklist

- ▶ **Make an evacuation plan.** Find activated evacuation routes at [DriveTexas.org](https://www.drivetexas.org) or by dialing 1-800-452-9292. Call 211 to find out if you live in an evacuation zone.
- ▶ **Sign up for emergency alerts.** Make sure your mobile device is enabled to receive Wireless Emergency Alerts (WEAs).
- ▶ **Prepare an emergency supply kit.** Learn how to build an emergency kit at [ready.gov/build-a-kit](https://www.ready.gov/build-a-kit).
- ▶ **Review your home insurance policy.**
- ▶ **Register with the State of Texas Emergency Assistance Registry (STEAR)** at stear.tdem.texas.gov or by dialing 211 if you live in an evacuation zone and:
 - Have a disability or medical needs and do not have a car or other vehicle to use in an evacuation.
 - Have a disability or medical needs and do not have friends or family to help in an evacuation.

Information collected for STEAR is confidential.

Hurricane Preparedness Online Resources

Texas Division of Emergency Management: tdem.texas.gov

Texas Department of State Health Services: [texasready.gov](https://www.texasready.gov)

American Red Cross: [redcross.org](https://www.redcross.org)

U.S. Department of Homeland Security: [ready.gov](https://www.ready.gov)

Office of Texas Gov. Greg Abbott: gov.texas.gov

DIVISIÓN DE ADMINISTRACIÓN DE EMERGENCIAS DE TEXAS

Preparación para huracanes

La temporada de huracanes es del 1 de junio al 30 de noviembre

Lista de verificación de preparación:

- ▶ **Haga un plan de evacuación.** Encuentre rutas de evacuación activadas en [DriveTexas.org](https://www.drivetexas.org) o marcando 1-800-452-9292. Llame al 211 para averiguar si usted vive en una zona de evacuación.
- ▶ **Regístrese para recibir alertas de emergencia.** Asegúrese de que su dispositivo móvil esté habilitado para recibir Alertas de emergencia inalámbricas (WEAs).
- ▶ **Prepare un kit de emergencia.** Aprenda como construir un kit de emergencia en [ready.gov/build-a-kit](https://www.ready.gov/build-a-kit).
- ▶ **Revise su póliza de seguro de hogar.**
- ▶ **Regístrese con el Registro de Asistencia de Emergencia del Estado de Texas (STEAR)** en stear.tdem.texas.gov o marcando el 211 si vive en una zona de evacuación y:
 - Tiene una discapacidad o necesidades médicas y no tiene un auto u otro vehículo para usar en una evacuación.
 - Tiene una discapacidad o necesidades médicas y no tiene amigos o familiares para ayudar en una evacuación.

La información recolectada para STEAR es confidencial.

Recursos en línea para la preparación para huracanes

División de Administración de Emergencias de Texas: tdem.texas.gov

Departamento de Servicios de Salud del Estado: [texasready.gov](https://www.texasready.gov)

Cruz Roja Americana: [redcross.org](https://www.redcross.org)

Departamento de Seguridad Nacional de los Estados Unidos: [ready.gov](https://www.ready.gov)

Oficina del Gobernador de Texas Greg Abbott: gov.texas.gov

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TVEC

TRINITY VALLEY ELECTRIC COOPERATIVE

Energy Quiz



Lineman Lingo: What tool would a lineman use to reconnect after replacing a blown fuse?

- A • Hot Stick
- B • Cherry Picker
- C • Ditty Bag
- D • Line Guts

Win \$100!

Send your answer and contact information to contest@tvec.coop or contact TVEC Member Services by October 31. One \$100 bill credit winner will be chosen from all correct replies. Look for the correct answer in a future *Texas Co-op Power*.

September Energy Quiz: Co-op Coverage

THE RURAL ELECTRIFICATION ACT aimed to provide rural areas with the benefits of electricity service. Co-ops were formed to take up the challenge.

More than 80 years later, their legacy is about 56% of the nation's area is still electrified by co-ops.

In total 832 distribution co-ops like TVEC, and 64 generation and transmission co-ops provide power to more than 22 million homes, businesses schools and farms.

Congratulations to our August Energy Quiz winner, Calvin D. Bailey of Kaufman.

Look for the winner of this month's contest in the October issue of *Texas Co-op Power*. ■



Charitable Foundation



Year-To-Date Grant Totals by Purpose

Animal Rescue	\$11,250
Children's Advocacy	\$19,500
Community Outreach	\$11,500
Community Projects	\$7,500
Continuing Education	\$4,000
Emergency Services	\$2,250
Environmental/Beautification	\$5,000
Family Resource	\$47,500
Fine Arts	\$4,000
Fire Department	\$3,000
Food Pantry	\$21,000
Health Resource	\$10,500
Mental Health	\$9,000
Public Library	\$7,500
Public School Education	\$16,500
School Supplies/Lunch	\$7,000
Special Needs	\$5,500
Veterans	\$9,500
Youth Programs	\$3,000
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2024 Total	\$205,000

What is Operation Round Up?

Operation Round Up is a voluntary program. Participating members have their electric bills rounded up each month to the next whole dollar amount. The portion that is rounded up goes to the TVEC Charitable Foundation.

For example, a bill of \$75.68 would be rounded up to \$76. Then a 32 cent contribution is made to the TVEC Charitable Foundation.

August 2024 Operation Round Up Awards

Grants

Abundant Life Pregnancy Resource Center	\$3,000
Andrews Center Behavioral Healthcare	\$5,000
Celebrate Forever Families	\$3,000
Larry Sauls and Friends	\$2,500

Bill Assistance

Family Resource Center	\$5,000
Helping Hands Mabank	\$5,000
Salvation Army Kaufman	\$5,000

The combined giving of thousands of co-op members adds up to making a big difference for charitable organizations that work in the service area. Thank you for rounding up, TVEC members!

Give friends and family the Best of Texas this holiday season.



Texas Co-op Power presents a collection of best-loved recipes from two of our most popular cookbooks ever, the *Typically Texas Cookbook* and *The Second Typically Texas Cookbook*.

This cookbook is filled with more than 700 recipes, including more than 300 dessert recipes.

Order online at TexasCoopPower.com and put *The Best of Typically Texas Cookbook* in your kitchen for only \$29.95 (price includes tax, shipping and handling).

To order by mail, send a check or money order payable to TEC for \$29.95 to Best of Typically Texas Cookbook, 1122 Colorado St., 24th Floor, Austin, TX 78701.

\$29.95

From the publishers of **TexasCoopPower**

Please allow 4-6 weeks for delivery.



Bring Texas nature home for the holidays.

Texas Co-op Power presents an illustrated *Seashells of Texas* poster by artist Aletha St. Romain, 20x16 inches, suitable for framing.

Order online at TexasCoopPower.com for only \$20 (price includes tax, shipping and handling).

Bonus offer: Get 2 posters shipped to the same address for just \$30.

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The Oracle of Bob Wills

Charles R. Townsend made a life out of chronicling the King of Western Swing

BY BILL SANDERSON • ILLUSTRATION BY JULIAN RENTZSCH

CHARLES R. TOWNSEND only quit talking about Bob Wills when his own life ended in 2023 in Canyon in the Panhandle. He was 93. As long as the retired American history professor at West Texas A&M University had breath, he taught, chronicled and celebrated Wills and his music.

Townsend wrote the acclaimed 1976 biography *San Antonio Rose: The Life and Music of Bob Wills* and authored the liner notes for Wills' final album, *For the Last Time*, for which Townsend won a Grammy in 1975. Both provided a road map to the life and career of an American original whose Western swing music, pioneered with his Texas Playboys, lit the world with its danceability for five decades. Wills was 70 when he died in 1975.

Townsend's life had been interwoven with Wills' since the mid-1960s, when he began studying and chronicling the musician, who began performing regularly in the late 1920s and formed his Texas Playboys in 1933. Townsend emceed the annual Bob Wills Day celebration in Turkey, Wills' hometown, for 50 years, and at his last throwdown, in 2022, they renamed the outdoor stage in Townsend's honor.

Wills, with his magnetic personality and high, lonesome holler, was as well-known as Coca-Cola in his heyday. *New San Antonio Rose*, one of his greatest hits, released in 1940, echoed through taverns around the world where U.S. servicemen sang along. One Texas boy said he thought it was the national anthem until he left the farm and joined the Army.

Yet a couple of decades later, and despite the Wills mania, Townsend learned the hard way about music pioneer biographies when he landed at West Texas A&M (then West Texas State) in 1967. He was told books about popular music history weren't legitimate.

"I thought they were going to fire me when they learned I was going to write a book on Bob Wills," Townsend said. "That was so far ahead of its time. The history department really looked down on that because it had never been done. And I was called in a time or two, but I had tenure, so I could write the book, and my gosh, look what it's done."

The publisher sold 10,000 copies of the book in six months in 1976.

"At the time it was published, it was the biggest selling book at the University of Illinois Press,"

Townsend said. "I don't say that bragging. It was Bob Wills who sold the book."

Townsend believed that Wills chose him from among other writers for his eclectic musical tastes. "The reason he wanted me to write the book was that he knew he'd have someone to talk music with," Townsend said. "It was the main topic of conversation, and if you tried to change the subject, he'd always come back to music."

Once Wills gave him the go-ahead, Townsend and his wife, Mary, ranged from their home near Palo Duro Canyon State Park to Tulsa and Fort Worth to spend time with Bob and Betty Wills.

Invariably Bob Wills would be listening to music when Townsend walked in the door, maybe admiring Jerry Lee Lewis' piano work or the vocally gracious Patsy Cline, who took a turn on both *New San Antonio Rose* and *Faded Love*.

As the biographer-biographee relationship grew, it evolved into mutual admiration. Wills, who already had suffered one stroke, was warned to expect a second, and that shifted Townsend's thinking.

"I thought, well, one of these days he may have another stroke, and I'd like for him to know what he's going to have in his book," Townsend said. "When I got the book in manuscript, I had each chapter written out in longhand—I went over every chapter with him."

"I went all the way through the book, every chapter, and he listened intently and never said a word. When I got to the end, I said, 'Bob, what do you think?' He said, 'It's 100%.' That's a story that has never been published. I didn't interview him too many times after that. He had his final stroke maybe a year afterward, when we were doing the sessions for Bob Wills' *For the Last Time*."

Those 1973 recording sessions featured Townsend introducing Wills and his Texas Playboys for the LP. The evening after the first day of recording, the album title proved fateful as the King of Western Swing had another stroke, at his Fort Worth residence, putting him in a coma.

"Before he died, he knew what was going to be in his biography," Townsend said. "And I'm so glad he did." ■



Words & music by Bob Wills



BOB WILLS

"KING OF WESTERN SWING"

& CHARLES R. TOWNSEND

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The Flapper Bandit

She finally fooled bank employees and briefly absconded with a stack of cash

BY MARTHA DEERING

REBECCA BRADLEY ROGERS was a 21-year-old graduate student at the University of Texas and a stenographer in the office of the attorney general in December 1926 when she ran out of tuition money.

Rogers had taken a second job working for a professor who handled business affairs for the Texas State Historical Association, but she mismanaged the funds while the professor was on summer vacation and ended up owing \$1,200 (more than \$21,000 in today's money) to TSHA. To make matters worse, Rogers' mother, who had been fired from her job in Fort Worth, moved in with her and was spending Rogers' paychecks freely.

Deep in debt, Rogers decided she had one option to solve her financial woes:

rob a bank.

Her first attempt, which involved setting fire to a house in Round Rock, north of Austin, as a distraction and then hustling into the nearby bank and yelling "fire!" failed. None of the bank's employees raced outside so she could grab cash in the chaos.

She had better success at Farmers National Bank in Buda, south of the capital, the very next day.

A pretty, petite young lady dressed in the distinctive fashion of the Roaring '20s, Rogers posed as a newspaper reporter in the bank lobby, asking questions of customers and recording their responses. Then she asked to use a typewriter in the tellers' cage and, once inside, pulled out a pistol. She locked

two male employees in the safe at gunpoint after grabbing \$1,000 in new \$5 bills, but first she asked politely if they would have enough air to survive for 30 minutes inside the vault.

Alas, someone wrote down Rogers' license number as she drove away with the cash in her Ford Model T. On the way back to Austin, her car got stuck in the mud and had to be pulled out by a passing dairyman and a team of horses. She took the Ford to be washed upon her return to Austin, and when she came back to get it, the sheriff was waiting for her.

Rogers was arrested and thrown in the clink. She was supposedly still wearing her muddy satin slippers.

Secretly married for over a year to Amarillo lawyer Otis Rogers, Rebecca at first denied that she was married but had to fess up when her husband arrived to help with her defense. The Flapper Bandit or Girl Bandit, as newspapers nationwide labeled her, pleaded insanity, but the prosecutor replied, "Insanity is a disease that criminals get when they are caught."

Otis had his wife examined by three psychologists who testified that she suffered from dementia praecox, which makes a patient unable to determine right from wrong. Today dementia praecox is known as schizophrenia. Many sympathized with the pretty young thief, and it was difficult to find jurors willing to participate in her trials.

Her armed robbery and arson trials both ultimately ended in hung juries—after a successful appeal overturned a robbery conviction and then an insanity plea won over enough jurors. After seven years of litigation, Rogers got off scot-free.

She and her husband moved to Fort Worth, where the fame Otis gained during his wife's trials led to a lucrative criminal defense practice. Rebecca, despite her shady dealings with the law, served as his legal secretary. ■

Pumpkin and Spice

Kick-start your holiday baking with these seasonal treats

BY VIANNEY RODRIGUEZ, FOOD EDITOR

Indulge in the flavors of fall with this delightful dessert. It combines the moist, spiced richness of pumpkin cake with the sweet crunch of pecans, creating a perfect blend. Ideal for gatherings, this treat brings a festive touch to any occasion.

Texas Pumpkin Sheet Cake With Candied Pecans

CAKE

2 cups flour
1 teaspoon baking soda
1 teaspoon salt
2 teaspoons baking powder
2 teaspoons ground cinnamon
1 teaspoon pumpkin pie spice
4 eggs
2 cups sugar
1 cup vegetable oil
1 can pumpkin purée (15 ounces)

FROSTING

1 cup (2 sticks) butter, softened
1 package cream cheese (8 ounces), softened
2 teaspoons vanilla extract
3 cups powdered sugar

CANDIED PECANS

½ cup brown sugar
¼ teaspoon salt
¼ teaspoon ground cinnamon
2 tablespoons water
1 cup chopped pecans

1. **CAKE:** Preheat oven to 350 degrees. Coat a 13-by-18-inch rimmed baking sheet with cooking spray.
2. In a bowl, whisk together flour, baking soda, salt, baking powder, cinnamon and pumpkin pie spice. In another bowl, combine eggs, sugar, vegetable oil and pumpkin purée until fully incorporated. Slowly add the flour mixture, stirring well after each addition, until fully incorporated.
3. Pour the batter onto the prepared baking sheet and spread evenly. Bake 25–30 minutes or until a toothpick inserted comes out clean. Let cool completely.
4. **FROSTING:** Cream together butter and cream cheese in a mixing bowl until light and fluffy. Add vanilla and powdered sugar, and mix until smooth.
5. **CANDIED PECANS:** Line a baking sheet with parchment paper. In a skillet over medium-high heat, combine brown sugar, salt, cinnamon and water. Cook, stirring 1–2 minutes or until the sugar dissolves and the mixture is slightly bubbling.
6. Stir in pecans and cook for an additional 2 minutes, stirring to coat pecans. Remove from heat and spread pecans evenly on parchment paper. Allow to cool completely.
7. Spread frosting evenly over cooled cake and sprinkle with candied pecans.

SERVES 24

TCP Follow Vianney Rodriguez as she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Pumpkin Cream Cheese Tamales.



Pumpkin Praline Pie

BECKY FRASER
UNITED COOPERATIVE SERVICES

This pie is the perfect addition to your fall baking. The combination of creamy pumpkin filling and a crunchy praline pecan topping creates a symphony of textures and flavors. Try this if you can't decide between a pumpkin pie or pecan pie.

PIE

- 1 can pumpkin purée (15 ounces)**
- 1 can sweetened condensed milk (14 ounces)**
- 1 egg**
- ½ teaspoon salt**
- ½ teaspoon ground nutmeg**
- ½ teaspoon ground ginger**
- ¾ teaspoon ground cinnamon**
- 1 9-inch frozen pie crust, unbaked**

CRUMBLE

- ¾ cup pecan halves**
- ½ cup brown sugar**
- 4 tablespoons (½ stick) butter, at room temperature**

- 1. PIE:** Preheat oven to 375 degrees. In a bowl, stir together pumpkin purée, sweetened condensed milk, egg, salt, nutmeg, ginger and cinnamon. Pour into unbaked pie shell. Place filled pie on a baking sheet and bake 25 minutes.
- 2. CRUMBLE:** While pie bakes, stir together pecans, brown sugar and butter in a bowl until well incorporated.
- 3.** Remove pie from oven and sprinkle crumble over the top. Return pie to oven and bake an additional 30 minutes. Remove from oven and cool completely. Place in fridge and chill 1 hour before serving.

SERVES 8

[MORE RECIPES >](#)

\$500 WINNER

Cinnamon Streusel Pumpkin Coffee Cake

KIM PRYOR
FARMERS EC



Great with coffee, this irresistibly delicious cake is sure to become a seasonal favorite.

SERVES 8-10

STREUSEL

- ½ cup flour**
- ½ cup packed brown sugar**
- ¾ teaspoon ground cinnamon**
- ⅛ teaspoon ground nutmeg**
- ⅛ teaspoon ground cloves**
- ⅛ teaspoon ground ginger**
- 4 tablespoons (½ stick) butter, melted**
- ¼ cup chopped pecans**



CAKE

- ½ cup sugar**
- 6 tablespoons (¾ stick) butter, at room temperature**
- ¾ cup pumpkin purée**
- 2 tablespoons milk**
- 2 tablespoons sour cream**
- 1 egg**

- 1 teaspoon vanilla extract**
- 1 cup flour**
- 1¼ teaspoons baking powder**
- 1½ teaspoons ground cinnamon**
- ¾ teaspoon ground nutmeg**
- ¼ teaspoon ground cloves**
- ½ teaspoon ground ginger**

GLAZE

- ¾ cup powdered sugar**
- ½ teaspoon maple extract**
- 1 tablespoon milk, or more as needed**
- Chopped pecans, for garnish**

- 1.** Preheat oven to 350 degrees. Line a 9-inch round cake pan with a circle of parchment paper in the bottom and coat with cooking spray.
- 2. STREUSEL:** In a bowl, combine all but the pecans, and mix with a fork until all ingredients are incorporated. Set aside.
- 3. CAKE:** In a bowl, beat sugar and butter until light and fluffy, 3-4 minutes. Add pumpkin purée, milk and sour cream, and mix until well incorporated. Add egg and vanilla extract and mix until smooth. In another bowl, whisk together flour, baking powder, cinnamon, nutmeg, cloves and ginger. Add dry ingredients to batter and mix until smooth.
- 4.** Spread half the cake batter in the bottom of the prepared cake pan. Top batter with about half the streusel mixture. Spread remaining cake batter over streusel. Sprinkle chopped pecans and remaining streusel over the top of the cake batter.
- 5.** Bake 24-26 minutes or until a toothpick inserted comes out with only a few crumbs. Remove cake from oven and allow to cool in the pan about 5 minutes. Remove to finish cooling on a cooling rack.
- 6. GLAZE:** Combine powdered sugar, maple extract and milk in a small bowl and whisk until smooth. You can always add a little more milk or sugar, if needed. Drizzle the glaze over the coffee cake. Garnish with chopped pecans.

TCP \$500 Recipe Contest

PIES, PIES, PIES DUE OCTOBER 10

We hated math until we learned about Pi Day (3/14). Celebrate with us by sharing your favorite pie recipe, and you just might be adding \$500 to your name. Enter by October 10.



Pumpkin Cornbread With Whipped Cinnamon Honey Butter

PAM KINKEMA
UNITED COOPERATIVE SERVICES

This seasonal twist on classic cornbread features the rich, earthy flavors of pumpkin and a light, fluffy texture. Topped with creamy, spiced honey butter, it's a great addition to any meal, offering warmth and comfort in every bite.

CORNBREAD

1 cup flour
1 cup cornmeal
1 teaspoon baking powder
½ teaspoon baking soda
½ teaspoon salt
½ teaspoon ground cinnamon
½ teaspoon ground ginger
¼ teaspoon ground nutmeg
¼ teaspoon ground cloves
½ cup light brown sugar
4 tablespoons (½ stick) unsalted butter, melted



1 cup canned pumpkin purée (15 ounces)
½ cup sour cream
2 eggs

CINNAMON HONEY BUTTER

½ cup (1 stick) butter
⅓ cup honey
¼ cup powdered sugar
1 teaspoon ground cinnamon

1. CORNBREAD: Preheat oven to 375 degrees. Coat an 8-by-8-inch baking dish

with cooking spray.

2. In a bowl, whisk together flour, cornmeal, baking powder, baking soda, salt, cinnamon, ginger, nutmeg and cloves. Make a well in center of flour mixture and set aside.

3. In a separate bowl, stir together brown sugar, melted butter and pumpkin purée. Add in sour cream and eggs, and stir until well blended. Pour mixture into well of flour mixture and fold until just combined and no streaks of flour remain.

4. Spread batter in an even layer in prepared pan. Bake 25–30 minutes, until toothpick inserted comes out clean. Cool slightly on wire rack, then cut into squares.

5. CINNAMON HONEY BUTTER: Whip butter with mixer until smooth. Add honey, powdered sugar and cinnamon, and mix on low speed until combined, then increase to high speed and whip until light and fluffy.

6. Serve bread with whipped butter.

SERVES 9

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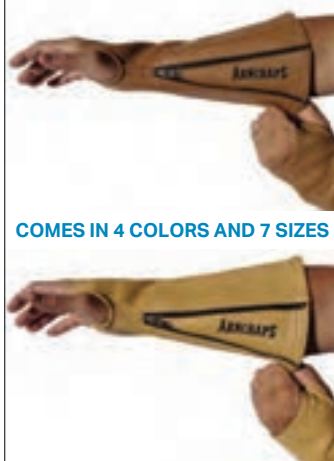
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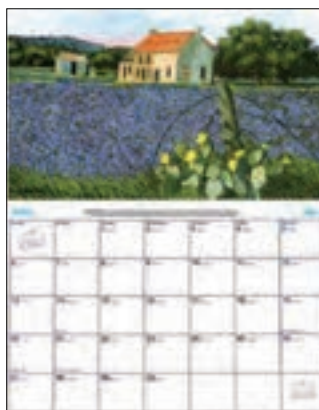


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COURTESY CHET GARNER

Dragons Not Included

Newman's Castle near Bellville puts visitors in a real-life fairy tale

BY CHET GARNER

LIKE MANY YOUNG boys, I grew up pretending to be a medieval knight, fighting dragons and rescuing damsels in distress. My castle was usually a cardboard box or a pile of couch cushions. Mike Newman had the same boyhood fantasies but was brave enough to turn them into a royal reality.

Nestled in the woods outside of Bellville, a town of about 4,200 residents about an hour west of Houston, lies the architectural wonder known as Newman's Castle. Newman started the project in 1998, and over the next decade, the local baker personally constructed the castle that would make any fairy tale king jealous. There's a moat and fortified walls protecting the place Newman built as his private home powered by San Bernard Electric Cooperative.

Sadly, the hero of our tale died in March, but his castle is still open for tours, which can be reserved by calling Newman's Bakery. My tour started at the Bellville bakery, followed by a group caravan to the castle, where we were given wooden swords and knighted into the king's court. After crossing the moat, I was tasked with raising the drawbridge by running inside a human-sized hamster wheel. I immediately regretted the extra kolach I had eaten on the drive over.

Once inside the walls, we toured the chapel, ate in the banquet hall and climbed to the top of the 60-foot bell tower. We even got to try out the castle's dungeon of medieval torture devices, including a mythical iron maiden, stocks and a bed of nails. As the grand finale, we launched stones at imaginary dragons using a massive historically accurate trebuchet.

It felt like a real trip into the depths of Newman's ingenuity. His lasting legacy helps us realize that the make-believe doesn't always have to stay in our imagination. ■

ABOVE Chet, left, and the late Mike Newman at Newman's Castle.

TCP See the castle for yourself with the video on our website. Find all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

OCTOBER

10

Corsicana Bellamy Brothers, (903) 874-7792, corsicanapalace.com

11

Grapevine Barn Dance, (817) 410-3185, grapevinetexasusa.com

12

Burnet Texas State Button Society Fall Workshop & Sale, (214) 808-5610, texasstatebuttonociety.com

Corsicana Airsho, (903) 654-4847, coyotesquadron.org

Granbury Monarch Fest, (817) 326-6005, actonnaturecenter.org

Luling Night in Old Luling, facebook.com/nightinoldluling 2022

McKinney Halloween at the Heard, (972) 562-5566, heardmuseum.org

Chappell Hill [12-13] Scarecrow Festival, (979) 836-6033, chappellhillhistoricalsociety.com

Edom [12-13] Art Festival, (903) 258-5192, edomarts.com

16

Corpus Christi Lobster Feast, (361) 883-8405, corpuschristi seamenscenter.org

18

Fairfield [18-19] Big T Memorial State Championship BBQ Cookoff, bigtmemorial cookoff@gmail.com, goldencircletx.com

Levelland [18-19] Petticoats on the Prairie Premier Vintage Market, (806) 894-4161, facebook.com/petticoatsontheprairie

Woodville [18-19] Harvest Festival, (409) 283-2272, heritage-village.org

Brenham [18-20] Texas Arts and Music Festival, (979) 337-7580, texasartsandmusicfestival.com

19

Giddings Cars & Coffee, (979) 542-3455, giddingstx.com

New Braunfels Dia de los Muertos Festival, (830) 625-2385, nbchamber.com

Fayetteville [19-20] Lickskillet Days, (979) 378-2800, greaterfayettevillechamber.org

25

Brenham [25-26] heARTfest, (979) 836-7248, facebook.com/heartfestbrenham

26

Sanger Sellabration, (940) 222-9440, sangertexas.com

Weatherford Fall Fling Car, Truck and Motorcycle Show, parkercountycruisers.com

Granbury [26-27] Harvest Moon Festival of the Arts, (682) 936-4550, granburysquare.com

31

Levelland Trunk or Treat, (806) 894-9079, downtownlevelland.com

NOVEMBER

1

Oakville Dobie Dichos, (361) 319-3067, dobiedichos.com

Ingram [1-3] Texas Arts and Crafts Fair, (830) 367-5121, txartsandcraftsfair.com

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Climbing High

There are lots of reasons to climb high: to get a better view, to reach something in need of repair or simply to prove to oneself that it can be done. This month, let's crane our necks and see who has scrambled their way to the top.

CURATED BY GRACE FULTZ

1 KAYLE GRAHAM
TRI-COUNTY EC

"My dog, Cooper, and I love to hike. We always try to find a really high rock to climb and enjoy the views."

2 NICKI KLEIN
BLUEBONNET EC

Colorado River climber.

3 MEAGAN BENAVIDES
NUECES EC

"DJ climbs a pole as he competes for his chance to join the NEC rodeo team."

4 GUYNA POLASEK
GVEC

"Just had it set up and wanted a closer look."



Upcoming Contests

DUE OCT 10 I Love

DUE NOV 10 Small Spaces

DUE DEC 10 Characters



Enter online at TexasCoopPower.com/contests.

TCP See Focus on Texas on our website for many more Climbing High photos from readers.



There's No Party Like La Pitada

After a Cowboys win, the biggest grassroots celebration is way down south

BY W.F. STRONG
PHOTO BY ERICH SCHLEGEL

MORE THAN 500 miles from AT&T Stadium, there's a Dallas Cowboys tradition that's unlike any other. You might expect it in Dallas or Arlington, but to find it in a Brownsville neighborhood, in far South Texas, is surprising, loud and heartwarming. It's called La Pitada.

The name means "the honking." After every Cowboys victory, hundreds of vehicles and a few thousand people hit Southmost Road in a cacophony of honking, whistling, music and victorious *gritos* (shouts). It's a moving feast, a mobile tailgate, an impromptu parade—a sacred rite of celebration for the Cowboys faithful.

Fans drive slowly, honking vigorously, windows down, collectively expressing their joy. And to make it all the more joyful, taquerias fill the air with the scent of their aromatic spices.

I went to a recent *pitada* with photographer and friend Erich Schlegel so that he could capture the display of chaotic bliss for *Texas Co-op Power*. He took photos like a combat photographer while I held the light, risking our lives in the middle of the street for the perfect shot.

I like that there is no official organization behind La Pitada. There's nothing top-down about it. It's a grassroots tradition, of the people, by the people and for the people.

All that's needed is a Cowboys win. As soon as that happens, *la gente* jump into whatever vehicle is handy—including hot-rods and low-riders—wearing Cowboys hats, caps or helmets and take off with window flags flapping.

Some kids stand up through sunroofs, waving pennants. Pickups mount 6-foot Cowboys flags that billow to full length. Motorcyclists, sometimes with faux Cowboys cheerleaders riding behind them, rev their engines. There's even a house along the route painted in silver and blue.

La Pitada is raucous but peaceful. Celebratory whistles never cease. "Go Cowboys" is heard often, but the most common mantra uses more colorful verbiage.

La Pitada started in the glory days of the 1990s when the Cowboys won three Super Bowls. In the late '70s, the Cowboys came to be known as America's Team, but they also became Mexico's team after Spanish-language broadcasts of the games aired in Mexico. It helped that the Cowboys for decades had kickers with roots in Mexico and soccer: Efen Herrera, Rafael Septién and Danny Villanueva.

Southmost is an old immigrant community where Spanish is the first language of the majority of people. They have strong familial ties to Mexico.

If the Cowboys ever win the Super Bowl again, La Pitada that day will be legendary. Might just be bigger than Dallas! ■

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